



# Annual Report

# 2007/08

**HOPE Cape Town  
Association**

PBO No. 18/11/13/4709  
NPO No. 031-599-NPO

**HOPE Cape Town  
Trust**

PBO No. 930024843  
NPO No. 053-417-NPO

**Cape Town  
South Africa**

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December 2008

## HOPE Cape Town Statements of the Year

*"In my work I get the opportunity to see the progress in the children in the ward after receiving treatment and care. Specialty? To get a "high-five" from a three year old."*

*Patty Peier (HOPE Office)*

*"Counselling is the most important thing in my life, because I am giving back to my community. Since I was born I like to help people, make difference to other people's life, to advise them and be there for them."*

*Henriet Bulani, HCHW*

*"What I like most about my work is being able to be of benefit for other people. To see the smiles on the children's faces in ward G7 when they see me. To interact and learn from people from other countries, the volunteers."*

*Roshanny Sylvester, HCHW*

*"When I first was employed with HOPE I just thought this is a God given job because I had nothing .... HOPE gave me the opportunity to prove myself."*

*Kekeletso Lebeta, HCHW*

*"Being part of a loving and caring family. It made me look at my life in a different way, to enjoy life and not to be so stiff."*

*Rochelle Paka, HCHW*

*"HOPE opened my eyes seeing things differently, to appreciate life more."*

*Charlene Felix, HCHW*

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## **Address for the Annual Report 2007/ 08 of the HOPE Cape Town Trust & Association**

Mr. Jörg-Werner Marquardt, Consul General of the Federal Republic of Germany

For many years HIV and AIDS has made headlines around the world and continues to do so both, locally and abroad. The epidemic is still posing a threat to the future well-being of South Africa, the City of Cape Town and its communities right here at our doorstep.

Those of us following the media know that more than 5.5 million people in this country carry the deadly virus. Every day, more than 1,000 South Africans die of AIDS-related diseases. Almost 300,000 children under the age of 14 live with the virus, very often born in poor communities, and most will not be able to enjoy a life free of worries and fear despite the various interventions undertaken both, by government and NGOs to alleviate their plight.

Health and welfare services in South Africa face many challenges, the ever increasing number of HIV-positive children being just one of them.

There are positive developments, too. According to the "15 Year Review" released by the Presidency in early October, South Africa has the largest number of people enrolled on antiretroviral therapy in absolute terms. Yet, it was also noted in the same report that life expectancy has been declining to about 50 years in 2007 from 56 years in 1997.

The appointment of a new Minister of Health, Barbara Hogan and her Deputy, Dr. Molefi Sefulara, has been universally welcomed. In the past, she had been one of the few MPs from the majority party to have voiced criticism of the scientifically questionable attitude towards the HIV AND AIDS issue by some prominent government representatives.

Many NGOs have publicly welcomed the Minister Hogan's intention to increase funding for the roll-out of ARVs in order to provide 80% of HIV-positive people with these essential drugs by 2011.

Another milestone in the fight against the disease was reached when the Nobel Prize for medicine was awarded to the scientists who discovered the virus responsible for causing AIDS, Françoise Barré-Sinoussi and Luc Montagnier. This award not only is a symbolic tribute to all those who have perished due to the virus, it is also expected to trigger intensified research into antiretroviral therapy and vaccines.

In the light of above it is my sincere hope that the turning-point in the response against HIV AND AIDS is within reach. More than ever before has the epidemic been placed in the spotlight and never before have recent developments been so favourable for making inroads into the spread of the pandemic.



## **HOPE Cape Town Association – Report of the Chairperson and the HOPE Cape Town Management Committee**

(Dr. Monika Esser)

To all the Friends of HOPE Cape Town

It is a great pleasure to present the HOPE Cape Town Annual Report to you once again.

In a year of many changes and turbulences, the full social and economic impacts, including those on the health care sector with HIV and Tuberculosis in the frontline, remain to be seen. Despite recent indications of a moderate decline in HIV prevalence in this country, South Africa still has one of the highest prevalence rates at around 18.8% and world recession presents a challenge to obtain funding for the increasing needs of especially the poor, who tragically also have the highest HIV prevalence.



But our Association has grown again in the past year, both in the number of communities for which we care and with the establishment of an overseas trust as well as with a marked increase in the number of volunteers including the welcome addition of two Weltwaerts Volunteers.

Our Health Care Worker numbers have stabilized despite a steady 'graduation' to other positions with their new skills through intake of keen new workers. The training programme maintains excellent standards through the wonderful work of our Training Officer Pauline Jooste. A steady flow of willing 'new faces' and happy visits and success stories of our 'old' community workers confirm the appropriateness of their training and work.

Great stability in the daily work of HOPE Cape Town has been achieved by our new project coordinator Yasmin Buettgen and her capable energy. Yasmin has also introduced a new financial order and planning with MP Tax Consultants as our new accounting firm.

The office of ward G7 is welcoming with the warmth and efficiency of our office administrator Patty Peier who has already been with us for over a year.

Thanks to the continued fundraising efforts of especially Rev. Fr. Stefan Hippler and Dr. Susanne Reuther, the generosity of our sponsors and friends, the dedicated work of our wonderful staff and volunteers including our management and the trustees - the work of HOPE Cape Town can grow and continue.

Our association with the University of Stellenbosch and Tygerberg Hospital provides a stable basis and the valuable collaboration with KID CRU (Children's Infectious Diseases Clinical Research Unit) assists in keeping our work relevant and aware of current HIV AND AIDS care and treatment options.

Even with the increasing commitment of government and provinces to the pandemic, the HIV and AIDS situation in South Africa continues and will continue to present NGOs, including HOPE Cape Town, with significant opportunities and roles to play in prevention, awareness, treatment, compliance, the emerging needs of orphaned or neglected children and teenage HIV infections.

### **The Ithemba (HOPE) Ward G7**

The Ithemba Ward within the Tygerberg Children' Hospital remains the head office site of HOPE Cape Town and the central point for many visits and activities. Few visitors will fail to receive a broad smile and welcome from Patty without whom one cannot imagine the office anymore. The

monthly management meetings take place in the seminar room of the ward and connect us to the real life scenes of HIV.

HOPE Cape Town Health Care Worker Roshanny continues her able and caring work in the ward, and for many of the chronic little patients she adds great value with her projects and activities. Through assisting with the public relations in the ward and the university office she has become a well known face of HOPE Cape Town.

Marchelle Hendricks, our longest and dedicated volunteer, has remained with us despite difficult times and we gratefully look forward to many more years of having her with us.

We are indebted to the Tygerberg Hospital staff and our little patients for their continued goodwill and willingness to accommodate visitors and cameras, presenting their moving and brave stories of the HIV epidemic.

### **Tygerberg Academic Health Complex**

Cooperation with the Tygerberg Academic Health Complex is vital to our work and we are grateful for the continued support, also at official HOPE Cape Town functions, of Dr. Carter, the CEO of Tygerberg Hospital, who is informed of relevant matters by management staff visits and via the management minutes.

### **The Health Sciences Department of the University of Stellenbosch**

Strong ties between HOPE Cape Town and Stellenbosch University (SU) are maintained through Prof. Dr. Wolfgang Preiser, Head of Virology, Stellenbosch University and Prof. Dr. Mark Cotton, Director of the KID CRU Paediatric Research Unit. Cooperation with Prof. Therese Fish - Vice Dean for Outreach - and assistance with HWSETA (Health and Welfare Sector Education and Training Authority) accreditation for the HOPE Community Health Worker training course have resulted in the implementation stage of the course now and other social interactions.

The medical student elective program for HOPE – KID CRU is hosting students from many parts of the world and is proving a popular elective.

Formal connections with the University are confirmed with the second Memorandum of Understanding between HOPE Cape Town and SU with the Dean Prof. Wynand van der Merwe.

### **HOPE Community Health Workers & Outreach**

The 22 HOPE Community Health Workers' (HCHW) training under the experienced guidance and caring supervision of Training Officer Sr. Pauline Jooste and their dedicated work in the communities form the core work of HOPE Cape Town. Their new skills and high standard of training with a UNISA credit qualification equip them for many opportunities in the health care work market and we are proud of their achievements upon 'graduating' from HOPE Cape Town. The application for HWSETA accreditation was taken to a successful completion by the quality work and attention to detail of Project Liaison Officer Lise Chartrand.

Many of the HCHW have started soup kitchens and vegetable gardens in areas of great food need, but also support groups and income generating activities with their own initiatives and small grassroots funding projects.

Some of their medical training particularly relating to HIV treatment and monitoring is now being taught in the KID CRU unit as we sadly had to say goodbye to our HOPE Doctor Madri Carstens this year.

### **HIV Therapy - HAART Sponsorship**

HOPE Cape Town has handed over the last children on sponsorship to the governmental roll-out

programmes with the support of Dr. Madri Carstens and KID CRU. The sponsorship scheme will aim to continue supporting children who need emergency and special treatment for emerging resistance to standard HAART regimes.  
Traditional Health Practitioners Project

The pilot phase of the project has come to an end. The second phase - capturing the expertise of the actively participating Sangomas to strengthen counselling, referrals and individual support and to develop regular refresher courses is under development with the added capacity of researcher Dr. Elena von Donhoff and the continued work of Dr. Jo Wreford. Dr. Wreford has documented some of the work of phase one in accredited journal publications and has thereby given this work and the project recognition in the medical field. Congratulations! We look forward to the next publications and reports documenting this important aspect of understanding and managing HIV in the context of the South African culture.

### **Workshops and Training**

As in the previous years, the demand for HIV/ AIDS prevention and awareness workshops and training has been rising steadily. This kind of outreach to the corporate world, other NGOs, churches and schools remains an important task for Sr. Pauline Jooste and the HCHW.

### **International Outreach and Networking**

In 2007/08, HOPE Cape Town has been able to maintain excellent partnerships and create new networking opportunities with the international community. Ties to various Consulates, including the German, Austrian, Swiss, Czech and Canadian Consulate amongst others, and embassies could be cemented, resulting in fruitful collaborations.

The German AIDS Foundation is valued as one of our strongest long-term partners. Thanks to the Foundation's efforts, HOPE Cape Town is now also proud beneficiary of the well-know MAC AIDS Fund.

We are very happy about lots of valuable input from the Medical Mission Institute in Würzburg, Germany, established through HOPE Cape Town management member Prof. Dr. Wolfgang Preiser. We are looking forward to possible future cooperation in the field of e-learning.

### **HOPE Cape Town Trust and HOPE Kapstadt Stiftung**

I thank all the trustees for helping to create a sound base for a sustainable Association. Chairperson Rev. Fr. Stefan Hippler and Dr. Carl-Heinz Duisberg as Deputy Chair are very capable in guiding the growth of the HOPE Cape Town Trust. Thank you also to Petra Reichwein for her continued fundraising efforts.

The German HOPE Kapstadt Stiftung was founded in October 2007 under the umbrella of the German AIDS Foundation. We look forward to the targeted fundraising efforts especially in Germany to assure ongoing European support. This enables HOPE to have a stable budget to be able to maintain many projects on a three year planning basis. We are grateful to Mrs Viola Klein for her wonderful fundraising efforts in Germany crowned by a further Dresden Gala Opera Evening in 2008. I would like to thank her and Mr. Hardy Fiebig for giving their time to the Advisory Board of the HOPE Cape Town Trust.

### **Visitors and Media**

Media attracting events such as the German chancellor Angela Merkel's visit to HOPE Cape Town or the publication of Rev. Fr. Stefan Hippler's book "Gott, AIDS, Afrika" in 2007, have directly resulted in a significant increase of visitors and media representatives, both local and international, to our organisation. As a consequence, public relation efforts had to be increased

and enhanced, which the HOPE Cape Town team could succeed in thanks to the help of our eager volunteers and through networking with strong partners, such as the German Consulate in Cape Town.

### **The German Speaking Catholic Community and Catholic Network**

The German-speaking Catholic Community (GSPCC) has given fundamental support to HOPE Cape Town with the work and especially tireless fundraising efforts of our Cape Town Trust chairperson Rev. Fr. Stefan Hippler. To many his name is synonymous with the project, but HOPE Cape Town Association has now mastered the childhood years and will reach adulthood and stand on its own feet supported by the association board and two trust bodies.

HOPE Cape Town is fortunate to have the trusted support of the GSPCC Parish Council as well as of various individual community members, most specially Theo Stapf who has initiated very successful fundraising events for HOPE Cape Town, both in Germany and South Africa.

Lively debates did indeed follow the publication of Stefan's book which reflects on his work within HOPE Cape Town and the responsibilities of the Church to respond appropriately to the HIV epidemic in Africa. The subsequent publicity did propel both HOPE Cape Town and Stefan into the limelight. The Erich Kaestner Award was a well deserved recognition for Stefan.

The German Bishop's Conference assists with a trusted account for sponsors from Europe. The congregation in Milnerton (CatholicCare Milnerton and Brooklyn) and Brian Sharkey have continued their much appreciated and loyal support. The Archdiocese Cape Town celebrated 50 years of German Speaking Catholic Community in Cape Town with us in November of 2007 with words of greeting from Cape Town Mayor Helen Zille.

### **Ball of HOPE 2008**

For the eleventh year in a row the German-speaking Catholic Community and the South African – German Chamber of Commerce and Industry with the help of Anja Tambusso-Ferraz coordinated the established and now oversubscribed Ball of HOPE in the Westin Grand Hotel. This major fundraising and awareness event with entertainment and music under the direction of Adolf Thelen is a very popular established event in the Cape Town calendar due to our very loyal and generous supporters to whom we give a big thank you.

### **In summary**

The past year has been no less busy and we have achieved our aims. Continued growth in activities but limited to the Western Cape has focussed now on quality and continued assessment of our work. Training of Health Care Workers, community involvement, cooperation with Traditional Healers, Volunteer programmes and outreach activities will stay at the core of our work.

I wish to thank the HOPE Cape Town management team, especially – Stefan Hippler, Susanne Reuther, Wolfgang Preiser, Carl-Heinz Duisberg and Mark Cotton and the trustees both here and abroad for their loyal work, support and enthusiasm.

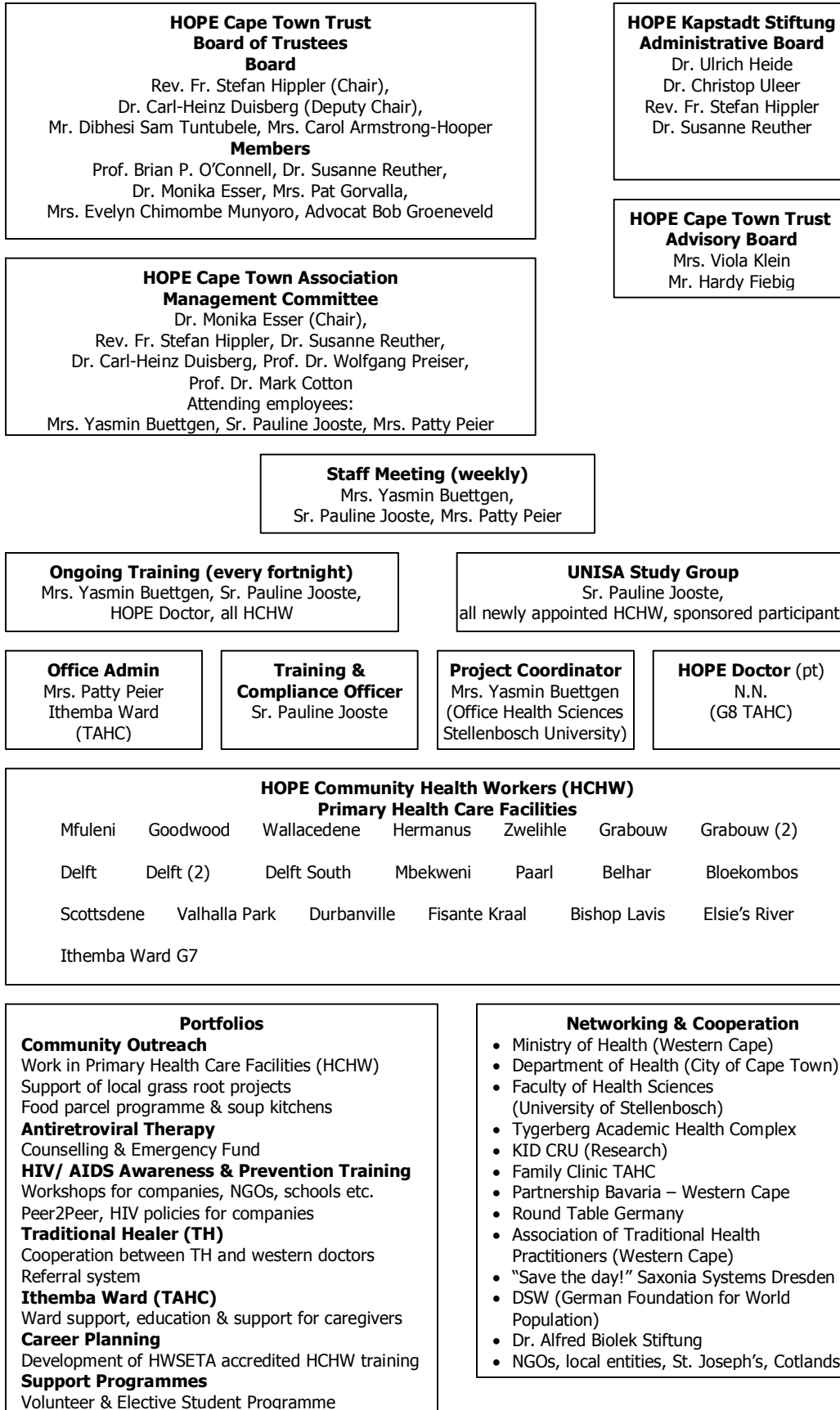
To all our wonderful staff, our sponsors and many friends I would like to say thank you. Together we will make a difference.

I look forward to another year with you and HOPE Cape Town.



Dr. Monika Esser  
Chairperson HOPE Cape Town Association

## Organisational Structure



## Report of the Project Coordinator

(Yasmin Buettgen)

As a HOPE Cape Town "Newcomer" it is my first year and a great pleasure to contribute to the organisation's Annual Report. I started with HOPE Cape Town in February 2008, and being a youngster amongst both, staff and management, high expectations were to be met and initial doubts to be erased. Thanks to a smooth and well-organised handover by my predecessor Lise Chartrand and an overwhelmingly warm welcome from all my colleagues, fitting in was easy and soon I felt part of the "HOPE family".



Working for a South African NGO with "German influence" in the field of HIV and AIDS is at the same time challenging and rewarding. Intercultural awareness and sensitivity are key attributes necessary to bridge different mentalities, perceptions and standards, both on a professional and a cultural level. Functioning as the direct link between the HOPE Cape Town staff and management, and based on my experience during this year, the position of the Project Coordinator requires mediation and negotiation skills as well as (female) intuition and a good sense of tactics. Some "tough nuts" had to be cracked, but in most cases convergence and mutual agreement could be achieved in the end.

Through on-the-job training and hands-on experience with patients and visitors at Tygerberg Hospital as well as through the completion of the UNISA course "HIV/ AIDS Care and Counselling", I essential medical background has been added to my training as a geographer. Part of this process has been the confrontation with poverty, disease and death on a daily basis, which can only be coped with in such strong and valuable support and counselling network as we find among the HOPE Cape Town staff. Finally, a smile from one of our little patients on the Ithemba Ward is irreplaceable and certainly the greatest motivation of all not to give up in the fight against HIV and AIDS.

I would like to take this opportunity to thank all my wonderful colleagues and the entire HOPE Cape Town Management Committee for their support and encouragement. A big thank you also goes to all HOPE Cape Town donors, sponsors and volunteers; you are making a real difference!

I am looking forward to more great times with HOPE Cape Town.  
Best wishes,

A handwritten signature in cursive script that reads "Yasmin Buettgen". The ink is dark and the signature is written in a fluid, personal style.

Yasmin Buettgen  
Project Coordinator to HOPE Cape Town Association

## HOPE Cape Town in the Tygerberg Hospital

### The Ithemba Children's Ward

(Patty Peier, Roshanny Sylvester, Yasmin Buettgen)

The base of HOPE Cape Town is situated on the Ithemba (Hope) Ward (G7) in, a dedicated 24 bed ward, equipped for the care of very sick children, and focusing on treatment, rehabilitation and education. The aim is to provide the best tertiary level health care possible in order to improve the overall health of the children (many with HIV-related diseases) and to support their families and caregivers in a comfortable child-focused and adult inclusive environment. The ward cares for children with complex infectious diseases and related problems including diagnostic difficulties and complications. On discharge, the children are integrated into community-based health structures. The caregivers are supported, counselled and individually instructed in order to manage the illness and the daily care of the children.



The Ithemba Ward, established in 2001, was a joint venture among the Tygerberg Academic Health Complex, the University of Stellenbosch, the German Catholic Community of Cape Town and the Rotary Club of Signal Hill. It enabled the Tygerberg Academic Health Complex to fulfil the mandate of giving special attention to children with HIV and AIDS for the first time. In the same year an agreement was signed with the hospital and HOPE Cape Town with the support of the German Speaking Catholic Community to assist with the development of the facility, training of the staff and the running of ward G7 Ithemba Ward. The Tygerberg Academic Health Complex provided the appropriate number of staff and the equipment, supplies and materials necessary for the care for a child with HIV-related illnesses. The University of Stellenbosch provided academic input through the Department of Paediatrics and Child Health.

The ward has helped to integrate all services for HIV positive children within the Tygerberg Academic Health Complex. Today HOPE Cape Town continues to fulfil the agreement within the hospital with support for families, maximisation of resources, the promotion of the effective use of Anti-retroviral Treatment including personalised home visits and follow-up to ensure compliance for adults and children as well as supporting research.

During the ten month between December 2007 until October 2008, 507 children were admitted to the Ithemba Ward. There were a number of very successful recovery stories; however, there were also sad moments of goodbyes when we ultimately lost little patients to the virus. Regrettably, many children still cannot go back to their families on discharge, but have to be transferred to step-down facilities as circumstances at home do not allow for optimum treatment adherence.



HOPE Cape Town is very lucky to have the constant and sedulous support of many helping hands, which regularly provide the little patients and their caregivers on the ward with food, blankets, toys, sweets, clothes, toiletries and many other goods on a voluntary basis. A big thank you goes to all these individuals, who dedicate so much of their private time, money and energy to make the Ithemba Children feel better.

The Ithemba Book Project, coordinated by HCHW Roshanny Sylvester, is now running successfully in its second year. The Deutsch-Südafrikanischer Förderverein für benachteiligte Kinder e.V. has generously provided the funding for the purchase of more books and educational materials for patients on the ward and in the outpatient department's teenage support group. We would like to thank the organisation for the continuation of their sponsorship, in particular Rosie Wennemer and Claudia Scherer-Scheltema.



The Ithemba Office Team (f.l.t.r.): Roshanny Sylvester, Yasmin Buettgen, Patty Peier, Pauline Jooste

## Visitors to HOPE Cape Town

(Patty Peier)

In 2008, HOPE Cape Town has received more enquiries for hospital and community visits than ever before, both from South Africa and overseas. This is partly due to increased publicity after the visit of German Chancellor Angela Merkel in October 2007. In addition, the publication of the book "Gott, AIDS, Afrika", published by HOPE Cape Town co-founder Father Stefan Hippler and Africa correspondent Bartholomaeus Grill in August 2007, has drawn a lot of attention from the media as well as from private individuals towards the organisation. As a result, the HOPE Cape Town visitors' book has been filled with many new names this year.



HCHW Mariam Roelofse with HOPE Cape Town visitor General Dr. Nakath



HCHW Duran Le Roux with a visitor group from Germany

**Selected visitors to HOPE Cape Town 2008**

January 2008	Delegation Rotman School of Management, University of Toronto Juliane Boethner, Kapstadt.com magazine
February 2008	Telkom South Africa Hardy Fiebig, Church Concepts Claudia Scherer-Scheltema & Sabine Schmitz, Deutsch-Suedafrikanischer Foerdereverein fuer benachteiligte Kinder e.V. Theo Stapf & Ilke Mueller, GSPCC
March 2008	Delegation of Bavarian Parliamentarians George School USA, Quaker Challenge 2008 Team Joachim Franz, Cape2Cape World AIDS Awareness Expedition MAC Cosmetics Delegation around Chief of German Staff Military Health Service and South African Military Health Service
April 2008	Delegation Round Table Germany Ruth Rahaeuser, Eine-Welt-Theater, Germany Delegation German Parliamentarians InCHarge - African projects for unique CSR-Strategies
May 2008	Joerg Boeckeler, InterContinental Hotel Duesseldorf, Germany ATP Tourism Sigrid Bauschert, Management Circle AG, Germany Viola Klein, Saxonia Systems, Germany International Scholar Laureate Program on Nursing & Diplomacy, USA
June 2008	UCT Graduate School Of Business Rosie Wennemer, Deutsch-Suedafrikanischer Foerdereverein fuer benachteiligte Kinder e.V. Estée Lauder Group (MAC AIDS Fund)
July 2008	Urs Zwahlen, Christoph Flück & family (Trevoyan Guesthouse) Klemens Ochel, Medical Mission Institute Wuerzburg, Germany
August 2008	International Women's Club Cape Town
September 2008	Cape Peninsula University of Technology City of Cape Town, Department of Labour
October 2008	Film team "Sternstunde", BR TV, Germany
November 2008	Deutsche Schule Kapstadt People-to-People International, USA SABC 1 film crew, "Spirit Sundae" ZDF German film crew, "Heute Journal"
December 2008	Team Joachim Franz, Cape2Cape AIDS Awareness Expedition Joerg Marquardt, Consul General of the Federal Republic of Germany & Dr. Wolfgang J. Manig, Federal Foreign Office: Director of Southern and Pan-African Issues Division

## **ARV Sponsorship Scheme**

(Dr. Susanne Reuther)

Our sponsorship treatment programme, as reported in the last annual report, has come to an end in its original form and it is with great regret that we have to report that Dr. Madri Carstens has left HOPE Cape Town for personal reasons. This was and is a great loss for HOPE Cape Town, but we wish Madri all the best for her personal and professional relationship.



We have promised that we will “keep an eye” on our sponsorship children and we have done so. We still regularly see them and keep track within their communities. A special thank you not only to our HOPE community health workers who follow up on previous HOPE Cape Town patients in the communities, but also to Dr. Mark Cotton and his colleagues from KID CRU, who have given their best to cover for Madri, especially Dr. Elena Rabie and Dr. Berry Leibrandt.

Ever since this programme started, we were able to share wonderful stories of great recovery with you on the one hand. On the other hand, however, there is obviously also a tragic side to HIV. This year, we once again observed both, beautiful developments and heartbreaks. One case especially moved us all a great deal: one of our earliest children, now a beautiful young woman, lost her father to HIV a little more than one year ago. In the course of events, and with all the teenage problems on top of the loss of a parent, unbeknown to us, the girl fell into depression and defaulted on her medication. By the time we became aware of these facts she had already given up on life and was beyond our reach. Her story, which is sadly ending in a Cape Town hospice while I am writing, has once again made us aware of one thing: if it is possible for a teenage girl to have such little hope that she just gives up on life, our job as HOPE Cape Town is far from being done and we must continue our work with renewed efforts to save every single life we can, be it through education, prevention, support, treatment or whatever else we will be able to provide.

On a final note, we would like to thank all individuals, who contributed to making the HOPE Cape Town ARV Sponsorship Scheme a success and who helped us to save children’s lives. Special thanks go to the German TV station Bayerischer Rundfunk for supporting the project within the framework of the TV programme “Sternstunde”.



**Volunteers and Elective Students**

(Yasmin Buettgen)

HOPE Cape Town encourages and welcomes the participation of individuals willing and able to make a unique contribution to our organisation on a voluntary basis. In 2008, HOPE Cape Town benefited from dedicated volunteers in various fields, shown in the chart below. We are especially proud to be now part of the "Weltwaerts" Volunteer Programme, recently initiated by the German Ministry for Economic Cooperation and Development (BMZ), in cooperation with the German Development Service (DED) in Pretoria. Overall coordination for the international volunteers is the responsibility of the Project Supervisor.

**HOPE Cape Town Interns 2008:**

<b>Name</b>	<b>Country of origin</b>	<b>Field of interest/ project</b>
Katrin Ostmeier	Germany	Ithemba Ward
Rosanna Lankester	Germany	Ithemba Ward
Dominic Berinato	South Africa	Ithemba Ward, Tygerberg Hospital School
Sarah Chege	Germany/ Kenya	Social Work, Behavioural Changes of HIV positive patients on HAART
Maria Kaiser	Germany	Occupational Development of former HCHW, HCHW Training & Recruitment
Viola Mie Nielssen & Heidi Hanssen	Denmark	Social Work, Case Study on HOPE Cape Town for bachelor's thesis
Carl Winkler	Germany	HOPE Cape Town homepage
Susanne Aengeneyndt	Germany	Ithemba Ward
Valentin Niebler & Andreas Hagen	Germany	DED/ Weltwaerts, public relations, programme evaluation
Dr. Konrad Horn	Germany	Pharmacist, HCHW training, Sangoma Project, ARV interactions and side effects, nutrition
Gareth Mercer	Canada	Pre-medical, Paarl ARV clinic, lab rotation, nutrition



HOPE Cape Town volunteer Maria Kaiser assisting HCHW Linda Dineka

## HOPE – KID CRU Elective Student Programme

2008 was the first year for HOPE Cape Town to welcome international elective students to the HOPE – KID CRU (Children's Infectious Diseases Clinical Research Unit) Elective Student Programme. A total number of six medical students from Australia, Norway and Germany each spent between four and eight weeks with HOPE Cape Town and KID CRU. The elective is designed to provide in-depth understanding and awareness of the operation and reach of non-government entities cooperating within the larger public medical system to provide service delivery and research in the field of HIV and AIDS in South Africa. Participants in this elective learn about the challenges present in maintaining a research unit and the need to provide appropriate services to the public accessing primary and tertiary health care systems. The programme, which is becoming increasingly popular, focuses on:

- Awareness (Formal and informal counselling)
  - Community clinics
  - Ithemba Paediatric Ward for Infectious Diseases
  - Partnerships (South2South lectures), NGOs at clinic level
- Medicine (ARVs, tests and assessments, side effects, etc.)
  - ARV programme (HOPE Doctor)
  - Community clinics
  - Ithemba ward rounds
  - TB clinic
  - Hospital pharmacy (ARVs)
  - Other specialists (Immunology, Virology etc.)
  - Prevention (clinic, support mechanisms, outreach)
- Prevention
  - Community clinics
  - Home visits
  - Support groups
  - Condom distribution and demonstrations
  - Farm rounds (mobile clinic)

### HOPE – KID CRU Elective Students 2008:

<b>Name</b>	<b>University</b>
Timothy Ford	Perth, Australia
Ross Franke	Perth, Australia
Benjamin Kober	Tuebingen, Germany
Almut Manz	Tuebingen, Germany
Rebecca Kriukelis	Griffith, Australia
Andreas Folling	Oslo, Norway

## HOPE Cape Town in the Communities

### HOPE Community Health Worker Programme

(Sr. Pauline Jooste, Yasmin Buettgen)

The Training and Compliance Officer Sr. Pauline Jooste facilitates and manages all matters related to the now 22 HOPE Community Health Workers (HCHW). The trend of senior HCHW being headhunted by the health departments of the Provincial Government of the Western Cape and the City of Cape Town has been continuing with many personnel changes during the past year. This presents a constant challenge for the Training and Compliance Officer, as new HCHW candidates had to be screened, selected and trained in order to fill the posts that had become vacant at some primary health care facilities.

After a thorough assessment procedure in late 2007, all HCHW were categorized as either junior, established or senior. All contracts and salary structures were adapted accordingly in order to create incentives to climb up the career ladder within HOPE Cape Town and ensure that no Health Care Worker was financially worse off than before. The following list shows all HCHW, with their communities and their sponsors:

#### Junior HOPE Community Health Workers:

Community	Name	Sponsor(s)
Goodwood	Rochelle Paka	Bezirksregierung Arnsberg (NRW)
Elsie's River	Domisia Anthony	Saxonia Systems
Scottsdene	Dandelene Sylvester	MARO Stiftung

#### Established HOPE Community Health Workers:

Belhar	Charlene Felix	Be Your Own Hero e.V.
Bellville South	Saliswa Mahlakahlaka	MAC AIDS Fund
Delft	Angela Abrahams	Hope & Future e.V.
Delft South	Linda Dineka	Hope & Future e.V.
Durbanville	Duran Le Roux	Be Your Own Hero e.V./ MAC AIDS Fund
Durbanville	Selina Welkom	Be Your Own Hero e.V./ MAC AIDS Fund
Grabouw	Kekeletso Lebeta	German AIDS Foundation
Grabouw	Valerie Smith	German AIDS Foundation
Mfuleni	Babalwa Lumko	Westin Grand Hotel, KFD Liebfrauen, Catholic Care Milnerton
Paarl	Sheila Samuels	MARO Stiftung
Paarl	Thelma Zungula	Saxonia Systems
Wallacedene	Bonga Zantsi	Process Consulting
Zwelihle	Henriet Bulani	Westin Grand Hotel
Valhalla Park	Vacant	Be Your Own Hero e.V.
Bloekombos	Vacant	ACE Entertainment

#### Senior HOPE Community Health Workers:

Tygerberg Hospital G7	Roshanny Sylvester	Katholische Gemeinde St. Michael Friedrichsthal
Bishop Lavis	Mariam Roelofse	MARO Stiftung
Delft	Alice Daniels	Hope & Future e.V.
Hermanus	Corita Marshall	Bezirksregierung Arnsberg (NRW)



Apart from doing their jobs in the Primary Health Care Facilities, each HCHW is also actively involved in outreach and networking activities within their own communities. These include various support and counselling groups, soup kitchens, vegetable gardens and income generating activities.

Sr. Jooste is in charge for both, the initial training for HCHW once they start working for HOPE Cape Town and the ongoing training mandatory for all HCHW. On commencement of the job, each new HCHW is trained in HIV/ AIDS care and counselling

through the completion of a six months UNISA (University of South Africa) distant learning course and through activities and discussions in weekly group training sessions. At the same time, all new HCHW are already working at the local health care facilities, where they receive training on the job. After finishing the course, each HCHW is undergoing an internship with the HOPE Doctor at the Tygerberg Academic Teaching Hospital in order to obtain some hands-on experience with the treatment and care of HIV-positive patients.

All HCHW, the new and the established ones, are obligated to attend the fortnightly HOPE Cape Town training sessions, where their knowledge on HIV/ AIDS and all related health and socio-economic matters is deepened and updated. The Training and Compliance Officer prepares and facilitates each training session in conjunction with the HOPE Doctor, volunteers and also external lecturers. The following training topics were dealt with in 2008:



- Interaction of recreational drugs with HAART (guest speaker: Rev. Fr. Stefan Hippler)
- Managing HIV infection and ARVs
- HIV & AIDS terminology according to UNAIDS recommendations
- ARV side effects
- Revision: fundamental facts about HIV & AIDS: the transmission of HIV, HIV and the immune system
- Breastfeeding
- Oral rehydration
- Disaster management
- Counselling for T.O.P. (termination of pregnancy)
- Home visits
- HCHWs presenting their community profiles
- Human Rights re: HIV testing and disclosure (guest speaker from AIDS Legal Network)
- Rape and gender based violence – awareness raising (guest speaker from Rape Crisis)
- Adherence
- Revision: Anti-retroviral drugs
- Children and HIV/ AIDS
- WHO staging of HIV
- Life cycle of the HI virus
- Epidemiology
- Virology
- Assessments – written and oral

Sr. Jooste together with the Project Coordinator and the Office Administrator also handles all personnel issues that occur with regard to the HCHWs, including collecting and evaluating statistics, attendance registers, reports, leave etc.

Importantly, the Training and Compliance Officer is constantly in contact with the local Primary Health Care Facilities to assess and evaluate the success or problems with regard to the HCHW Programme. On a weekly basis she visits the HOPE Cape Town communities to liaise with the clinic managers and staff and to assess the situation in the health care facilities.



ARV Counseling with a patient in Paarl



Baby weighing in the prep room, Durbanville

As mentioned above, the trend of HCHW 'graduating' has continued as the staff shortage in the Municipal and Provincial Health Care Facilities remains significant. While fortunately the number of Governmental ARV rollout sites is increasing steadily in the communities, finding an appropriately skilled staff force is often problematic. Their excellent reputation precedes the HCHW and many of them regularly receive job offers from their clinic managers. As a consequence, HOPE Cape Town has been losing a number of 'family members' to new employers. As sad as every goodbye is, we are on the other hand extremely pleased and proud the calibre and competencies of these employees are realized. A much appreciated micro-survey was done amongst our former colleagues by HOPE volunteer Maria Kaiser (please see the abstract in box below). We are glad that our approach of empowering previously disadvantaged individuals and multiplying knowledge proves successful, and we wish all of them well in their new careers as well as in their further personal and professional development.

**Occupational development of former HOPE Community Health Workers**

(Maria Kaiser, HOPE Cape Town Volunteer)

Since mid 2007, there have been 12 HOPE Community Health Workers (HCHW) who left HOPE Cape Town to take up other employments. HOPE Cape Town volunteer Maria Kaiser conducted a survey on reasons for their resignation and their career developments in the meantime.

Interviews with five of the former employees showed that they were all very happy when still working for HOPE Cape Town. The so-called "HOPE family" was described as the greatest asset: within the group of health care workers, everyone supports each other, helping to accomplish work demands and also to deal with all personal problems that may have to be faced. Another positive point mentioned frequently is the flexible job description of a HCHW and, hence, the variability of the job. Other advantages of working with HOPE Cape Town include good working conditions and the high quality training.

Most of the former HCHW do now work in more administrative jobs with less direct client contact and no home visits. Remarkably, 11 out of 12 remained in the health sector, many of them even in the same clinic or community.

In most cases, the main reason for leaving was the financial situation of the health workers. All of them left for higher salaries and to take steps up the career ladder in the health sector. It showed in the past year that many HCHW are literally headhunted by the health departments of the City of Cape Town and the Western Cape Provincial Government. The majority of the previous HOPE Cape Town employees now have ambitious plans to study further in order to push their careers and to make a difference in their communities.

Altogether, the research has indicated that HOPE Cape Town opens the door to careers in the health sector to previously disadvantaged and often unemployed individuals. It makes us proud and reinforces our training approach.

Thanks to the spontaneity and generosity of two new 'friends of HOPE Cape Town', Renate and Georg Cremer, all HOPE Community Health Workers received the opportunity to forget about the troubles and despair they are facing in the clinics on a daily basis in June. For many the first time, the entire HOPE Cape Town staff spent a fun and relaxing day on top of Table Mountain. The change of scenery was an opportunity for informal conversations, bonding and networking. This day was truly a special one and much appreciated by the busy health care workers as well as the HOPE Cape Town office staff. Thank you, Renate and Georg, for caring about all those, who are normally taking care of others!



The liberal sponsors Renate and Georg Cremer with Sr. Pauline Jooste



A true change of perspective on top of Table Mountain

## **Training and Education: Achieving National Training Status**

(Lise Chartrand)

HOPE Cape Town believes knowledge is a crucial element in the fight against HIV, AIDS and TB. Outreach and Education are core activities in the HOPE Cape Town programme. This focus on knowledge includes the extensive and continuous internal training programme of the HOPE Community Health Workers (HCHW) as well as the increasing number of awareness presentations requested by schools, churches, businesses, NGOs and civic groups. Internally and externally, training is central to the mandate of our organisation.

In order to address the longer-term vision of providing nationally recognised training programmes, HOPE Cape Town has been working with the Health and Welfare Sector Education and Training Authority (HWSETA). Over the last year, HWSETA has included HOPE Cape Town in their outreach to training organisations and guided us in the completion of our application for national training recognition.

The HWSETA approval process has two steps. First is an assessment of internal capacity of an entity to provide and to commit to quality training. Second is demonstrated evidence of the ability to design learning strategies and assess outcomes and to write training materials. Due to the existing focus on training within HOPE Cape Town and available organisational expertise, we are very proud to confirm the application and unit standard course work were entirely developed in-house. The nursing skills of Sister Pauline Jooste were critical to the development of the content of the First Aid course and the HOPE Community Health Workers were willing readers and enacted the emergency scenarios used to illustrate the Student and Facilitators Manuals. This cooperation is an example of how HOPE Cape Town pools experience and works effectively together.

## Outreach

(Sr. Pauline Jooste)

The HOPE Cape Town Training and Compliance Officer is engaged in the development of new educational materials for use in schools and support groups. The Officer has assumed the lead in outreach education for businesses and organisations offering intensive HIV and AIDS awareness courses and workshops. In 2008, educational talks, courses and workshops were provided to the following organisations, companies and institutions, amongst others:

- Sir Lowry's Pass Primary School
- United Reform Church Ravensmead: HIV+ Action group
- Heritage Castings PTY Ltd.
- George School, Quaker Challenge
- Psitek Telecommunication Company
- ARA Rock Challenge at Goodhope Centre, various schools
- Northlink College Bellville
- Teenage support group at Tygerberg Hospital



Condom demonstration with school children

## HOPE Cape Town Food Parcel Programme

(Yasmin Buettgen)

Thanks to the continuous support of local and international donors and sponsors the HOPE Cape Town Food Parcel Programme could be continued in 2007/ 08. Special thanks go to Bild Hilft e.V. ("Ein Herz für Kinder") and the Golden Crust Bakery in Delft, particularly to Mr. Sedick Arendse for his personal concern. Against the background of growing numbers of patients now getting onto ARV treatment, the defaulter rate is rising due to the increase in hunger, an ARV side effect, and desperate socio-economic circumstances. The impact of the global financial crisis and rising food prices is greatest in low-income communities. The primary focus of the programme is, thus, to increase adherence and support treatment regimes by providing patients in need with meals that are prepared in community-based soup kitchens and support groups at the clinics and day hospitals.

HOPE Cape Town bulk orders food parcels for a total number of ten clinics from Pick 'n Pay Soneike in Kuilsriver on a quarterly basis. Thanks to the loyal support of Tercia Meyer and Charl Foruie from Pick 'n Pay, lowest prices are guaranteed to HOPE Cape Town, and the deliveries to the clinics are always on time. The parcels contain non-perishable and nutritious staple foods that last for three months when used in the soup kitchens and support groups. The HOPE Community Health Workers at the clinics manage the storage, distribution and stock-taking of the food and report back to the HOPE Cape Town office.

Wherever possible, the HCHW seek support and sponsors in their communities, e.g. from local bakeries, butchers and grocery stores; especially fresh fruit and vegetables are high in demand as a nutritious diet is essential for a healthy life despite HIV infection.

The following statistics show how many people are reached for selected communities per food parcel order:

Grabouw:	2250	patients per order
Valhalla Park:	5400	patients per order
Durbanville:	3960	patients per order
Hermanus:	3000	patients per order

Extrapolated to the ten communities that are currently receiving HOPE Cape Town food parcels, these figures amount to a total of more than 30,000 patients that benefit from the programme per quarter.



Soup kitchen for patients in Valhalla Park Clinic

## **Traditional African Healers' Pilot Project – Phase II**

(Dr. Jo Wreford, Dr. Elena von Donhoff)

The Traditional African Healers' Pilot Project, an innovative HOPE Cape Town initiative to improve the cooperation between western medical practitioners and traditional African healers, is funded by the Deutsche AIDS Stiftung (German AIDS Foundation). The three main objectives of the project are to encourage medical collaboration and cross referrals, to avoid disruptions to ARV regimens through traditional medical prescriptions and to encourage more men to test. The initial two year phase of the project ended in 2007/2008 and the project is now entering its second phase.

### **Results of the first phase of the Pilot Project**

The HOPE Cape Town Traditional African Healers' Pilot Project has shown encouraging results, which have been the subject of various published academic papers. Three traditional healers, who were all graduates of an initial 6-week training course to improve their counselling skills and their knowledge about HIV and AIDS, have worked with the project. Together they have referred a total of 156 patients to public clinics in 2006/2007, mainly for HIV testing. They have also been able to establish a working relationship with their local clinics and the nursing staff that is characterized by mutual respect.

Important benefits of the project include the increase in the healers' understanding of HIV AND AIDS, the acceptance that there is currently no cure, the ability to distinguish between opportunistic infections and HIV and AIDS and the capacity of the healers to extend this knowledge both in their communities and to other healers. Traditional healers are known to take more time per patient than the average western medical practitioner, trying to understand not only the clinical symptoms of the presented illness but the whole environment the patient lives in. This enables them to extend their counselling to important aspects concerning the patients' health and well-being, to issues like sex, parenting, relationships, drugs and violence.

### **Plans for the second phase**

In the course of the two-year pilot phase HOPE Cape Town has also been able to clearly identify problems associated with setting up the project and is working actively to address and improve these during the second phase. Since the beginning of 2008, the second phase of the project has been devoted to improving the continued cooperation between the traditional healers, the HOPE Community Health Workers and the clinics and to addressing the challenges discovered.

The main obstacles encountered were a) that the traditional healers did not really feel part of the HOPE Cape Town community, b) that they did not understand the additional training due to their limited English and c) that they have not been able to attend HOPE Cape Town training/meetings as planned because of their need to support their income by taking other temporary employments, for example working as a domestic worker or picking fruit.

HOPE Cape Town has therefore introduced new measures for 2008 to ensure the success of the project. The three healers will continue to work as previously, but we will improve both recordkeeping and follow-ups through better coordination between them and HOPE Cape Town, thereby gaining more insight into their work and its consequences. Dr. Elena von Donhoff has come on board as a new research assistant to visit one of the healers every week to support them, build up a close working relationship and help find a solution to problems they encounter with their work.

The healers will be integrated more closely into HOPE Cape Town by attending the same bi-weekly Tuesday training sessions as the HOPE Community Health Workers (HCHW), and the HCHW connected to their clinic (called their "buddy") will help them with translation and understanding. This will enable the healers to build their confidence and knowledge regarding all issues related to HIV AND AIDS and to improve their relationship with the HCHW.

Lastly, we intend to draw up a one year contract and pay each of the traditional healers a small stipend every month to supplement their income. Thereby we will ensure their attendance at training sessions, increase their commitment to HOPE Cape Town, and show that their work for HOPE Cape Town is valued and appreciated. We are currently awaiting the final approval of our sponsor with regards to this contract.

### **Conclusion**

The aim of the second phase is to make the traditional healers feel part of the HOPE organisation, to ensure that they stay motivated, work to strengthen the project and come to attend further training sessions. We would also like the healers to share their knowledge and experience with HOPE Cape Town.

By the end of 2008, the project should be running effectively with the help of the new measures introduced during the year. In the meantime, the healers continue to refer patients to the clinics on an on-going basis whenever they can - 36 patients (of whom 15, or 42%, were men) have been referred in the past four months.

Future plans include extending the project by recruiting more healers in other areas of Cape Town and surroundings, and training them with the help of the three traditional healers already involved using their experience gained during the course of this project.



Project Researcher Dr. Jo Wreford with Nomsisi, one of the three Sangomas involved in the project

## **Our Sponsors and Partners**

(Dr. Susanne Reuther, Yasmin Buetngen)

The financial year 2007/ 08 was a challenging year for HOPE Cape Town. As we recently stated: HOPE Cape Town has grown up and our challenges are now those of the "adult world". But so is the support we are getting. It is still amazing, how many of our private sponsors are faithful to us. Some, like Ms. Bernett Roellig or Mr. Dieter Moehrlein, have not missed a single month in their continuous contribution over many years. Other, like the Round Table Organization in Germany, committed to support us for one year in 2004, continue to engage, growing from supporter to partner. Our special "Thank you" once again to Andrew Fordyce, Felix Wegeler and Michael Reuther. These three young gentlemen also facilitated the support of another Sponsor: Dr. Alfred Biolek, one of Germany's most prominent personalities, talkshow host and TV-chefs. Dr. Biolek not only decided to dedicate a portion of the proceeds of his latest recipe book to HOPE Cape Town, but through Renate Baehr, Executive Director of the DSW (German Foundation for World Population), showed true interest in our work and development. Thank you to both, the DSW and Biolek-Stiftung for your support! As HOPE Cape Town has always had as its first objective to be flexible and help exactly where help is needed, the funds from Dr. Biolek will be used to support safe houses for children in the township communities.

Music is a huge part of the African culture. At our organisation you can never miss this fact when our Community Health Workers come together. It seldom takes longer than 15 minutes until somebody starts to sing and everybody else joins in.

In this light, we are very proud having been associated with the Cape Town Opera for now more than 4 years. After two wonderful fundraising events in Nuremberg, Germany from the ensemble in two consecutive years, we have been brainstorming how we can cooperate in the future, combining our both objectives of music and hope to support the communities in and around Cape Town. We are working on a couple of projects at present which will be realized in 2009. One of these projects will be an Opera telling the story of teenage boys and girls, affected or infected by HIV AND AIDS that we plan to show to as many schools as our funds will allow. Thank you to the Cape Town Opera, especially Adriaan Fuchs and Elise Brunelle for all they have done for HOPE Cape Town so far. We can not wait to be able to support your cause as you have supported ours.

Talking about music, we would like to mention a group of very promising (and very young) new talent: the children of the Kindergarten St Michael in Bamberg, Germany. In July 2008, the children, aged between three and six, gave a charity concert and produced a music CD, all benefits of which went to HOPE Cape Town. In particular, the donation is dedicated to our little patients on the Ithemba Ward, as explicitly stated in a letter received from the children and their educators. We are deeply touched by such early concern and commitment and would like to thank every single St. Michael's child for their fantastic contribution!



In 2008, HOPE Cape Town has been very fortunate to be part of a unique and extremely worthwhile initiative: the Cape2Cape AIDS Awareness Expedition. Cape2Cape is the starting project for a global appeal to climb the highest peak in every country in the world. On reaching the summit, a sign will be set, comprising of the UNAIDS flag with the estimated number of all HIV cases in the country and the flag of the respective country. Between 5 October and 1 December 2008, the first 18

mountains were climbed by a team of 18 people, including mountaineers, cross-country runners as well as a complete communications crew, who documented and globally communicated the ascent of the mountains. The expedition started at the North Cape in Norway, and, after covering more than 20,000 km in only nine weeks, arrived in Cape Town on World AIDS Day. In partnership with the German Consulate Cape Town and the two local expedition sponsors Kyocera MITA and Volkswagen Commercial Vehicles, HOPE Cape Town organised the official welcome of the team. We are extremely grateful to Joachim, his team and the associated organization Be Your Own Hero e.V. for making HOPE Cape Town one of the main beneficiaries of the Cape2Cape Expedition and we are looking forward to ascend more summits with them in future.

Finally, we wish to take this opportunity to sincerely thank every single one of our friends, supporters, volunteers and sponsors. Your effort, dedication, commitment and generosity enable HOPE Cape Town to touch and improve the lives of thousands. Every sandwich, every toothbrush delivered to the Ithemba Ward and every cent donated makes a big difference in the fight against HIV and AIDS! In essence, your contribution makes it possible for us to give HOPE to people who need it most!

**THANK YOU!!!**

**Our sponsors and partners (in alphabetical order):**

**Local**

Austrian Consulate General Cape Town  
Blaauwklippen Wine Estate  
Canadian Consulate General Cape Town  
Cape Town Interfaith Initiative  
Cape Town Opera  
Catholic Care Milnerton and Brooklyn  
Clearlink Software  
Copy Wizardz Gardens  
Country Highlands Guesthouse  
Czech Consulate General Cape Town  
Dinkel Bakery  
Fairbridges Attorneys  
German Consulate General Cape Town  
German-speaking Catholic Community  
Golden Crust Bakery  
KID CRU  
Kyocera MITA  
Mediterranean Villa Guesthouse  
Melco Elevators  
MP Tax Consultants  
MTU South Africa (PTY) Ltd.  
Provincial Government of the Western Cape – Department of Health  
Paulaner Bräuhaus  
Southern African – German Chamber of Commerce & Industry  
Southern Sun Cape Sun Hotel Cape Town  
Spirit of Africa  
Swiss Consulate General Cape Town  
Telkom Centre for Learning  
Tygerberg Academic Teaching Hospital  
University of Stellenbosch  
U.R. US  
Virtual Print  
Volkswagen Commercial Vehicles  
Westin Grand Hotel



Westin Grand Hotel Staff delivering food donations

## International

Absatzzentrale Krefeld GmbH  
ACE Entertainment GmbH  
Be Your Own Hero e.V.  
Bild hilft e.V.  
CIDA (Canadian International Development Agency)  
Cubig München  
CyTecs GmbH  
DED – German Development Service  
"Die Sternstunde", BR Fernsehen  
Dompfarrkindergarten St. Michael, Bamberg  
Dr. Alfred Biolek Stiftung  
DSW (German Foundation for World Population)  
Eurobiker  
Frucht Import und Logistik "SB" GmbH  
German AIDS Foundation  
Hope & Future e.V.  
Katholisches Auslandssekretariat  
Katholische Gemeinde St. Michael Friedrichsthal  
KFD Liebfrauen, Neuwied  
MAC AIDS Fund  
Management Circle AG  
Process Consulting  
Round Table Germany  
Saxonia Systems  
Stiftung MARO  
Team Joachim Franz  
Wiesel Transporte



Cheque handover with MAC AIDS Fund representatives

Last but most definitely not least we wish to give a big THANK YOU to the following individuals and to all of those not named below:

Angelika Klevenhaus  
Anja Tambusso - Ferraz  
Brenda Evans & John Ferreira  
Brian and Val Sharkey  
Claudia Scherer-Scheltema  
Dorothea & Eckart Lindermann (Ithaca Baptist Church)  
Dr. Christoph Uleer  
Dr. Ulrich Heide  
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Familie H. Reuther  
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Renate & Georg Cremer  
Resi Gareis and family  
Rita Polm  
Rolf Zeitvogel  
Rosie Wennemer  
Sabine Jahn  
Sigrid Bauschert  
Sheila and Gary Frantz, All Saints Church  
Simon Berndmeyer  
Stefanie Molter  
Tenor Wolfgang Graf  
Theo Stapf & Ilke Möller  
Thomas Haas  
Tork Liebezeit  
Uwe & Marie Mergener  
Viola & Hermjo Klein  
Verena Münsberg  
Wolfgang Vogel

## **HOPE Cape Town Trust – Report of the Chairperson**

(Rev. Fr. Stefan Hippler)

### **The Purpose of the Trust**

Event though 2008 has been a turbulent year with many challenges, we have pride and confidence in HOPE Cape Town as the organisation continues to consolidate the rapid growth in recent years and to develop new paths in education and training. Our task as the HOPE Cape Town Trust is to secure the future of HOPE Cape Town Association and to guide the development of sustainable activities while, at the same time, honouring our original vision and our grassroots proximity to the reality of HIV and AIDS in South Africa. This second report of the HOPE Cape Town Trust is a welcome time to review the accomplishments of the past year and to realise anew the focus and faith of HOPE Cape Town: people - the people within HOPE Cape Town, the people in the communities we work in, the partners, the sponsors and the volunteers, who all constitute the HOPE Community.

The HOPE Cape Town Trust was launched in Cape Town, South Africa in May 2006 at our annual fundraising event, the Ball of HOPE. After many years of successful public and private partnership with a diversity of stakeholders including committed government entities, organisations, businesses and individuals in South Africa and Germany, the bold decision to form a Trust to ensure the sustainability of the HOPE Cape Town Association was taken. This step is evidence of a shared commitment to the future of HOPE Cape Town predicated on our strong belief in the fundamentals of the organisation and the resolve to support this undertaking by the volunteer Management Committee members of HOPE Cape Town Association, all staff and, of course, our Trustees.



The goal of the Trust is to ensure the future of HOPE Cape Town Association and thus the continued delivery of effective services and programmes in the years to come. HOPE Cape Town has grown from the very first contact with Tygerberg Hospital and the placement of the first HOPE Community Health Worker (HCHW) in Mfuleni at a time when Sister Pauline Jooste, our Training and Compliance Officer, was the Clinic Facility Manager. Today we have a complement of twenty-two community employees. Their welcome reception in seventeen townships and on the Ithemba Ward of Tygerberg Hospital is a testament to the success of this model.

Throughout this time, HOPE Cape Town has continued to uphold and to share our vision:

- People affected and infected by HIV are free from discrimination irrespective of work, religion or social community;
- Have the right to: Know their status, access treatment, gain and use knowledge, enjoy privacy and confidentiality; and
- Have the duty to: Be active in their care and to prevent further infections.

These principals continue to guide our HIV and AIDS education and outreach programmes. In addressing the HIV, AIDS and TB reality in the Western Cape Province, we know that complacency is a challenge. For this reason, HOPE Cape Town continues to implement a dual approach with successful grassroots programmes complimented by engagement with decision-makers at the policy level.

### **New Sustainable Directions for HOPE Cape Town**

Based on our solid position in the Western Cape Province, the internal emphasis on in-house training programmes for the HOPE Community Health Workers has led to the recognition that HOPE Cape Town has the potential to make a contribution in other complimentary spheres. Through the support of the members of the Trust, two additional training avenues are being added concurrently to the scope of HOPE Cape Town.

The first is our application to the Health and Welfare Sector Education and Training Authority (HWSETA) of the Department of Health and Welfare as an accredited training provider. This means HOPE Cape Town will be in a position to provide approved training modules to external clients. Initially we are seeking approval in the areas of HIV, AIDS and First Aid in order to address the great need for basic and upgraded training in the broader community. In recognition of the deficiencies in capacity and skills in South Africa, HWSETA has also approved our application as a grant recipient to cover the cost of courses for HOPE staff supporting our very real commitment to life-long learning as trainers and as learners.

Our relationship with the Faculty of Health Sciences of the University of Stellenbosch has developed into a working partnership. HOPE Cape Town has joined with the Tygerberg Hospital research unit KID CRU to offer community based Student Electives for academic credit, which has been running very successful in the past year. The advantage to the University is the success of HOPE Cape Town as a creative, responsive and well-organised grassroots organisation and the potential for medical students to learn, first-hand, about primary health care and the HIV and AIDS reality. This exposure in the community and out-patient HIV care in the hospital will be balanced by the KID CRU focus on the management, administration and finances of a major research unit. In 2008, a total of six medical students from Germany, Australia and Norway have taken the HOPE – KID CRU Elective. Eleven students from various countries have already secured their placements for 2009.

Both initiatives set HOPE Cape Town on the route to sustainability while capitalising on our strengths in education and training. In the meantime we have not lost sight of the paucity of education in the community. Indeed, we have noted an increase in the need for systematic education in the school system and for focused outreach in the community. We encourage our HOPE Community Health Workers to develop innovative outreach programmes for children, youth and adults.



The Chairpersons of HOPE Cape Town:  
Rev. Fr. Stefan Hippler (HOPE Cape Town Trust)  
With Dr. Monika Esser (HOPE Cape Town Association)

With the combination of focused fundraising for the trust and the new directions in training, academic electives and outreach, HOPE Cape Town is positioned to remain a well-respected non-profit organisation in the Western Cape Province.

## **HOPE Cape Town Trust – Fundraising**

(Petra Reichwein)

It was with great excitement, when I was approached by the chairperson of the HOPE Cape Town Trust, Rev. Fr. Stefan Hippler, in September 2007 to take over the position of a part-time fundraiser for the Trust. I gladly accepted, knowing, however, that the position posed a great challenge with even greater demands.

Having lived in South Africa with my family for now three years and having worked together with Rev. Fr. Hippler for nearly the same period, I have been able to witness the HIV and AIDS crisis threatening the very fabric of South African society. It is thus my heartfelt concern to contribute towards the needs of patients infected with and affected by the HI virus, especially children.

By deploying a dedicated fundraiser, the HOPE Cape Town Trust started to pave a new path. The main aim has been to reveal potential sources of funding not only in Germany, but also locally by encouraging South African companies, institutions and individuals to get involved into the fight against HIV and AIDS at their own doorstep.

First of all it was essential to get an idea of who our funders are at present. Consequently, a substantial list of our national as well as international sponsors was created. Our sponsors include people from all walks of life, foundations, trusts and corporate individuals. Each and every donor is important to us and contributes to our goal of a self-sustaining foundation. We are very much aware of the fact that within today's increasingly competitive charity environment our subscribers are highly sensitive. Paying well directed attention to each of them has therefore always been one of the major objectives and has been thanked us with extremely positive feedback.

A very important aspect of the fundraising work for the HOPE Cape Town Trust has been to raise more awareness within the Western Cape. With that in mind, we took the chance and organised a number of very well attended charity events with lots of local support.

In late 2007, we were proud to present a concert evening with Derek Gripper, one of South Africa's top classical guitarists and solar recitalist at the Goedvertrouw Wine Estate near Botrivier.

In November 2007, the International Business Women Club Cape Town learned more about the HOPE Cape Town Trust and Association whilst attending a Luncheon at Mediterranean Villa Guesthouse, which was arranged by renowned and far-travelled book author Urmila Jithoo ("From the table of my memories") from Durban.

In June 2008, a sold out "Crime & Dine" evening at Blaauwklippen Wine Estate with Andrea Maria Schenkel, celebrated and award-winning crime novel author from Germany, was very well-received.

Meanwhile, various important contacts have been established throughout the year with private donors, corporate individuals, companies as well as other NGOs. Together with our German partner "Deutsche Aids Stiftung" we have been able to discuss various options of raising funds e.g. inheritance, endowments and civil fines.

On behalf of all the remarkable children and families we are caring for and our staff, we would like to thank everyone who has made a donation or contributed their time to help us continue the important work we do for people infected with and affected by HIV and AIDS.

## **The HOPE Cape Town Trust Team**

A Trust is also about people – HOPE Cape Town included. The HOPE Cape Town Trust brings together individuals from diverse backgrounds to provide guidance for the organisation. We are honoured to gather wide ranging expertise and to benefit from specialised knowledge. The focus of the Trustees on the long-term vision and stability of HOPE Cape Town is important for achieving our objectives and enabling us to continue to evolve in response to the HIV and AIDS situation and the national ARV rollout in South Africa. We are proud to present the following list of our dedicated trustees:

### **HOPE Cape Town Board of Trustees**

Rev Fr Stefan Hippler, Chairperson of the Board of Trustees  
Mr Dibhesi Sam Tuntubele, Deputy Chairperson of the Board of Trustees  
Dr Carl-Heinz Duisberg, Deputy Chairperson of the Board of Trustees  
Mrs Carole Armstrong-Hooper, Secretary of the Board of Trustees  
Dr Monika Esser, Chairperson of HOPE Cape Town Association  
Dr Susanne Reuther  
Mrs Pat Gorvalla  
Prof Brian O'Connell  
Mrs Evelyn Chimombe-Munyoro  
Mr Bob Groeneveld

### **HOPE Cape Town Trust Advisory Board**

Within the Trust we make a place for exceptional individuals who have made outstanding contributions to HOPE Cape Town. Last year we were honoured to recognise and appoint Viola Klein from Saxonia Systems in Dresden, Germany for her long-standing and continued close association. As a friend and as an advisor, Viola Klein is a source of business expertise and an innovative supporter. For the third year in a row, Viola Klein organised the very successful Dresden Gala, a highlight for concert enthusiasts. Again this year, the event raised over € 60,000 in a single, magical evening.

In 2008, Hardy Fiebig, former athlete and now CEO of Church Concepts CC, joined the HOPE Cape Town Trust team as special advisor. We are very pleased to have Hardy Fiebig on board and highly appreciate his valuable input so far.

## **Balancing the HOPE Cape Town Trust and the Association**

A successful Trust needs to be in touch with the organisation it supports. HOPE Cape Town is fortunate to have a corps of dedicated individuals willing to be Trustees and to be active members of the Management Committee at the same time. We benefit from long-term vision on the one hand and solid knowledge of the daily challenges and mid-term objectives on the other. Our founders, Rev Fr Stefan Hippler, Chairperson of the Board of Trustees and Dr Monika Esser, Chairperson of HOPE Cape Town Association are joined by Dr Susanne Reuther as the original strength behind (and frequently in front!) of HOPE Cape Town. Their inspiration lead the way to HOPE Cape Town as it is today.

Together with Dr Carl-Heinz Duisberg, Deputy Chairperson of the Board of Trustees, Rev. Fr. Hippler, and Drs Esser and Reuther, attend the monthly HOPE Management Committee meetings. Dr Duisberg brings a solid understanding of management issues. We value his sage advice, independent perspective and long experience working in South Africa and Germany. In this way, HOPE Cape Town manages to merge a deep understanding of the day-to-day Management issues of the Association with the longer-term vision of the Trust.

## **Current Direction of the HOPE Cape Town Trust & HOPE Kapstadt Stiftung**

HOPE Cape Town has a unique position as a local non-profit organisation located in the Western Cape Province of South Africa with significant recognition and support in local centres and from Germany. The Trust is proud of this strong bilateral focus and believes the organisation benefits from a greater international perspective yet remains wholly dedicated to the issues of HIV and AIDS at the community level in seventeen different townships located within and nearby Cape Town as well as a programme on the Ithemba Ward of the Tygerberg Hospital. The Trust is focused on furthering this dual involvement and coordination of effort in South Africa and Germany.

In South Africa, the focus is to continue to raise local awareness of HOPE Cape Town and increase local fundraising. Specifically, the organisation has again been approved by the National Evaluation Rating Agency for Corporate Social Investment (CSI) Beneficiary Status in 2008. HOPE Cape Town has already been successful in attracting CSI donations through connections made at a fundraising event organised by the Milnerton Parish, a long-time HOPE supporter and sponsor of the first HOPE Community Health Worker. In South Africa, connections are all-important and fostering these links is a focus of the Trust.

After two years of initiating, structuring and establishing the HOPE Cape Town Trust, the foundations for financial build-up and consolidation are now laid. In this light, we would like to thank Process Consulting for their support during the year.

In Germany, a parallel trust has been established through the German AIDS Foundation in October 2007: the HOPE Kapstadt Stiftung. The Administrative Board of the HOPE Kapstadt Stiftung consists of:

- Dr. Ulrich Heide, Executive Chair of the German AIDS Foundation
- Rev. Fr. Stefan Hippler, Chairperson HOPE Cape Town Trust
- Dr. Susanne Reuther, Management Committee Member HOPE Cape Town Association
- Dr. Christoph Uleer, Chairperson of the German AIDS Foundation

The German AIDS Foundation has had a long association with HOPE Cape Town providing direct funding for positions (the Project Supervisor and the Compliance and Training Officer), the Sangoma Pilot Project as well as funding for innovative grassroots projects at the community level. This latter source makes possible small projects, for example, equipping a clinic soup kitchen with a stove or developing a garden project for HIV positive males to establishing a community drop-in area in Paarl for men, women and children. Through the HOPE Kapstadt Stiftung it will be possible to support the programmes and activities of HOPE Cape Town Association on a more sustainable and effective basis.

**Annual Financial Statements**

**HOPE HIV OUTREACH PROGRAM**  
(Registration number PBO 18 / 11 / 13 / 4709, 031 - 599 - NPO)  
**ANNUAL FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 29 FEBRUARY 2008**

A C VENTER & CO.  
Chartered Accountants (S.A.)  
Registered Auditors  
Issued 31 October 2008

**Hope HIV Outreach Program**  
**GENERAL INFORMATION**

**COMMITTEE MEMBERS**

Dr M Esser (Chairperson)  
Dr M Cotton  
Dr C Duisberg  
Rev S Hippler  
Prof W Preiser  
Dr S Reuther

**POSTAL ADDRESS**

PO Box 15910  
Vlaeberg  
8018

**AUDITORS**

A C VENTER & CO  
Chartered Accountants (S.A.)  
Registered Auditors

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**A C Venter & Kie**

**Geregistreeerde Ouditeure**  
**Registered Auditors**  
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A C VENTER	Leipoldtstraat 3 / 3 Leipoldt Street BELLVILLE 7530	Posbus 117 / P.O. Box 117 BELLVILLE 7535

**REPORT OF THE INDEPENDENT AUDITORS**

**TO THE COMMITTEE OF HOPE HIV OUTREACH PROGRAM**

We have audited the accompanying annual financial statements of Hope HIV Outreach Program, which comprise of the balance sheet as at 29 February 2008, the income statement, the statement of changes in equity and cash flow statement for the year then ended, a summary of significant accounting policies and other explanatory notes, as set out on pages 6 to 12.

**Committee members' Responsibility for the Financial Statements**

The association's committee members are responsible for the preparation and fair presentation of these annual financial statements in accordance with the South African Statement of Generally Accepted Accounting Practice for Small and Medium-sized Entities. This responsibility includes: designing, implementing and maintaining internal control relevant to the preparation and fair presentation of annual financial statements that are free from material misstatement, whether due to fraud or error; selecting and applying appropriate accounting policies; and making accounting estimates that are reasonable in the circumstances.

**Auditors' Responsibility**

Our responsibility is to express an opinion on these annual financial statements based on our audit. We conducted our audit in accordance with International Standards on Auditing. Those standards require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance whether the annual financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the annual financial statements. The procedures selected depend on the auditors' judgment, including the assessment of the risks of material misstatement of the annual financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the annual financial statements in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by

the committee members, as well as evaluating the overall presentation of the annual financial statements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

**Basis for Qualified Opinion**

In common with similar organizations, it is not feasible for the Hope HIV Outreach Program to institute accounting controls over cash collections from donations and fund-raising prior to initial entry of the collections in the accounting records. Accordingly it was impracticable for us to extend our examination beyond receipts actually recorded.

**Opinion**

In our opinion, the annual financial statements present fairly, in all material respects, the financial position of the company as of 29 February 2008, and of its financial performance and its cash flows for the year then ended in accordance with the South African Statement of Generally Accepted Accounting Practice for Small and Medium-sized Entities, and in the manner required by the Companies Act of South Africa, 1973.

**Supplementary Information**

We draw your attention to the fact that the supplementary information set out on pages 13 to 14 does not form part of the annual financial statements and is presented as additional information. We have not audited this information and accordingly do not express an opinion thereon.

A C VENTER & CO.  
Registered Auditors

A C Venter



3 Leipoldt Str.  
Bellville  
7530

## Hope HIV Outreach Program

### ***COMMITTEE MEMBERS' RESPONSIBILITIES AND APPROVAL***

---

The committee is responsible for the fair presentation to the members of the affairs of Hope HIV Outreach Program at the end of the financial year, set out in the financial statements on pages 3 - 14.

The committee is responsible for the overall co-ordinating of the preparation, presentation and integrity and approval of the financial statements.


Responsibility for the initial preparation has been delegated to the accounting officer of Hope HIV Outreach Program. In order to fulfil this responsibility, Hope HIV Outreach Program maintains an administrative control system designed to provide reasonable assurance that assets are safeguarded and that transactions are executed in accordance with Hope HIV Outreach Program's policies and procedures which are in conformity with generally accepted business practice and procedures.

The Financial statements have been audited by independent auditors, who were given unrestricted access to all financial and related data, including minutes of all meetings of members of the board. The committee believes that all representations made by the independent auditors during their audit were valid and appropriate. The auditor's audit report is presented on page 3-4 of the financial statements.

The annual financial statements set out on pages 6 to 14, which have been prepared on the going concern basis, were approved by the committee members on 05-11-2008 and were signed on its behalf by:



**Dr M Esser (Chairperson)**



**Rev S Hoppler**

**Bellville**

**31 October 2008**

**Hope HIV Outreach Program****BALANCE SHEET AS AT 29 FEBRUARY 2008**

Figures in Rand	Note(s)	2008	2007
<b>ASSETS</b>			
<b>NON-CURRENT ASSETS</b>			
Property, plant and equipment	2	76,836	58,375
Loans	3	61,683	213,474
		<b>138,519</b>	<b>271,849</b>
<b>CURRENT ASSETS</b>			
Accounts receivables		30,350	8,500
Cash and cash equivalents	4	9,894,239	7,049,168
		<b>9,924,589</b>	<b>7,057,668</b>
<b>Total Assets</b>		<b>10,063,108</b>	<b>7,329,517</b>
<b>EQUITY AND LIABILITIES</b>			
<b>EQUITY</b>			
Donations for future expenses		1,692,743	2,356,162
Retained income		8,360,798	4,941,319
		<b>10,053,541</b>	<b>7,297,481</b>
<b>LIABILITIES</b>			
<b>CURRENT LIABILITIES</b>			
Accounts payable	5	9,567	32,036
<b>Total Equity and Liabilities</b>		<b>10,063,108</b>	<b>7,329,517</b>

**Hope HIV Outreach Program**

***INCOME STATEMENT FOR THE YEAR ENDED 29 FEBRUARY 2008***

Figures in Rand	Note(s)	2008	2007
Donations	6	4,342,461	4,026,326
Other income		1,080	286,230
Operating expenses		(1,760,234)	(2,617,627)
<b>Operating profit</b>		<b>2,583,307</b>	<b>1,694,929</b>
Investment revenue	7	836,172	211,186
Finance costs	8	-	(618)
<b>Profit for the year</b>		<b>3,419,479</b>	<b>1,905,497</b>

**Hope HIV Outreach Program****STATEMENT OF CHANGES IN EQUITY FOR THE YEAR ENDED 29 FEBRUARY 2008**

Figures in Rand		Donations for future expenses	Retained income	Total equity
<b>Balance at 01 March 2006</b>	-	<b>2,426,558</b>	<b>3,035,822</b>	<b>5,462,380</b>
Changes in equity				
Donations used	-	(70,396)	-	(70,396)
Net income (expenses) recognised directly in equity	-	(70,396)	-	(70,396)
Profit for the year	-	-	1,905,497	1,905,497
Total recognised income and expenses for the year	-	(70,396)	1,905,497	1,835,101
Total changes	-	(70,396)	1,905,497	1,835,101
<b>Balance at 01 March 2007</b>	-	<b>2,356,162</b>	<b>4,941,319</b>	<b>7,297,481</b>
Changes in equity				
Profit for the year	-	-	3,419,479	3,419,479
Donations used	-	(2,356,162)	-	(2,356,162)
Donations received	-	1,692,743	-	1,692,743
Total changes	-	(663,419)	3,419,479	2,756,060
<b>Balance at 29 February 2008</b>	-	<b>1,692,743</b>	<b>8,360,798</b>	<b>10,053,541</b>

**Hope HIV Outreach Program****CASH FLOW STATEMENT FOR THE YEAR ENDED 29 FEBRUARY 2008**

Figures in Rand	Note(s)	2008	2007
<b>CASH FLOWS FROM OPERATING ACTIVITIES</b>			
Cash generated from operations	11	2,588,762	1,750,496
Interest income		836,172	211,186
Finance costs		-	(618)
<b>Net cash from operating activities</b>		<b>3,424,934</b>	<b>1,961,064</b>
<b>CASH FLOWS FROM INVESTING ACTIVITIES</b>			
Purchase of property, plant and equipment	2	(68,236)	(24,015)
Movement in loans		151,791	(213,474)
Other non-cash item		(663,418)	(70,397)
<b>Net cash from investing activities</b>		<b>(579,863)</b>	<b>(307,886)</b>
<b>Total cash movement for the year</b>		<b>2,845,071</b>	<b>1,653,178</b>
Cash at the beginning of the year		7,049,168	5,395,990
<b>Total cash at end of the year</b>	4	<b>9,894,239</b>	<b>7,049,168</b>

## Hope HIV Outreach Program

### ACCOUNTING POLICIES

---

#### 1. Presentation of Annual Financial Statements

The annual financial statements have been prepared in accordance with the South African Statement of Generally Accepted Accounting Practice for Small and Medium-sized Entities. The annual financial statements have been prepared on the historical cost basis, and incorporate the principal accounting policies set out below. They are presented in South African Rands.

These accounting policies are consistent with the previous period.

#### 1.1 PROPERTY, PLANT AND EQUIPMENT

Costs include costs incurred initially to acquire or construct an item of property, plant and equipment and costs incurred subsequently to add to, replace part of, or service it.

Property, plant and equipment is carried at cost less accumulated depreciation and any impairment losses.

Depreciation is provided using the straight-line method to write down the cost, less estimated residual value over the useful life of the property, plant and equipment, which is as follows:

Item	Average useful life
Furniture and fixtures	6
Motor vehicles	5
Office equipment	6
IT equipment	3
Other assets	6

The residual value, depreciation method and the useful life of each asset are reviewed at each financial period-end.

#### 1.2 REVENUE

Revenue from donations received is recognised when all the following conditions have been satisfied:

- the donor has transferred to the organisation the significant risks and rewards of ownership of the goods;
- the donor retains neither continuing managerial involvement to the degree usually associated with ownership nor effective control over the donation;
- the amount of revenue can be measured reliably;
- it is probable that the economic benefits associated with the transaction will flow to the organisation; and
- the costs incurred or to be incurred in respect of the donation can be measured reliably.

**Hope HIV Outreach Program**

**NOTES TO THE ANNUAL FINANCIAL STATEMENTS FOR THE YEAR ENDED 29 FEBRUARY 2008**

Figures in Rand 2008 2007

**2. PROPERTY, PLANT AND EQUIPMENT**

	2008			2007		
	Cost / Valuation	Accumulated depreciation	Carrying value	Cost / Valuation	Accumulated depreciation	Carrying value
Furniture and fixtures	61,201	(52,785)	8,416	55,959	(46,941)	9,018
Motor vehicles	175,366	(175,365)	1	175,366	(141,892)	33,474
Office equipment	46,366	(5,784)	40,582	6,643	(1,534)	5,109
IT equipment	66,612	(43,500)	23,112	43,340	(38,322)	5,018
Other assets	6,185	(1,460)	4,725	6,185	(429)	5,756
<b>Total</b>	<b>355,730</b>	<b>(278,894)</b>	<b>76,836</b>	<b>287,493</b>	<b>(229,118)</b>	<b>58,375</b>

**Reconciliation of property, plant and equipment - 2008**

	Opening Balance	Additions	Depreciation	Total
Furniture and fixtures	9,018	5,241	(5,843)	8,416
Motor vehicles	33,474	-	(33,473)	1
Office equipment	5,109	39,723	(4,250)	40,582
IT equipment	5,018	23,272	(5,178)	23,112
Other assets	5,756	-	(1,031)	4,725
	<b>58,375</b>	<b>68,236</b>	<b>(49,775)</b>	<b>76,836</b>

**Reconciliation of property, plant and equipment - 2007**

	Opening Balance	Additions	Depreciation	Total
Furniture and fixtures	3,355	9,690	(4,027)	9,018
Motor vehicles	68,547	-	(35,073)	33,474
Office equipment	2,366	3,850	(1,107)	5,109
IT equipment	15,056	4,290	(14,328)	5,018
Other assets	-	6,185	(429)	5,756
	<b>89,324</b>	<b>24,015</b>	<b>(54,964)</b>	<b>58,375</b>

**3. LOANS**

The loan is interest free and there is no repayment agreement.

Hope Cape Town Trust	61,683	213,474
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**4. CASH AND CASH EQUIVALENTS**

Cash and cash equivalents consist of:

Cash on hand	3,379	1,251
Bank balances	468,102	736,331
Money Market	9,422,758	6,311,586
	<b>9,894,239</b>	<b>7,049,168</b>

**Hope HIV Outreach Program****NOTES TO THE ANNUAL FINANCIAL STATEMENTS FOR THE YEAR ENDED 29 FEBRUARY 2008**

Figures in Rand	2008	2007
<b>5. ACCOUNTS PAYABLE</b>		
Trade payables	9,567	32,036
<b>6. REVENUE</b>		
Donations	4,342,461	4,026,326
<b>7. INVESTMENT REVENUE</b>		
<b>Interest revenue</b>		
Bank	836,172	211,186
<b>8. FINANCE COSTS</b>		
Bank	-	618
<b>9. TAXATION</b>		
The association has been approved as public benefit organisation in terms of Sec. 30. Therefore all receipts and accruals are exempt from income tax in terms of Sec. 10 (1) (cN) of the act.		
<b>10. AUDITORS' REMUNERATION</b>		
Fees	7,866	-
<b>11. CASH GENERATED FROM OPERATIONS</b>		
Profit before taxation	3,419,479	1,905,497
<b>Adjustments for:</b>		
Depreciation and amortisation	49,774	54,964
Interest received	(836,172)	(211,186)
Finance costs	-	618
<b>Changes in working capital:</b>		
Accounts receivables	(21,850)	(2,100)
Accounts payable	(22,469)	2,703
	<b>2,588,762</b>	<b>1,750,496</b>
<b>12. PRIOR PERIOD ERRORS</b>		
Only the property, plant and equipment that was purchased during the financial year ended 28 February 2007 was depreciated.		
The correction of the error(s) results in adjustments as follows:		
<b>Balance sheet</b>		
Property, plant and equipment	-	(16,841)
<b>Income statement</b>		
Depreciation expense	-	16,841

**HOPE CAPE TOWN TRUST**  
(Registration number T 1797/2006)  
**FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 29 FEBRUARY 2008**

A C VENTER & CO.  
Chartered Accountants (S.A.)  
Registered Auditors  
Issued 26 September 2008

**HOPE Cape Town Trust**  
***GENERAL INFORMATION***

**TRUSTEES**

S Hippler  
S Tuntubele  
CH Duisberg  
M Esser  
S Reuther  
P Govalla  
EC Munyoro  
B Groeneveld  
B O'Connell

**BENEFICIARY**

Hope HIV Outreach Program

**ACCOUNTANT**

A C Venter & Co  
Chartered Accountant (S.A.)  
Registered Auditors

**TRUST REGISTRATION NUMBER**

T 1797/2006

The reports and statements set out below comprise the financial statements presented to the trustee:

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**A C Venter & Kie**  
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[admin@acventer.co.za](mailto:admin@acventer.co.za)

**ACCOUNTANTS' REPORT**

---

**TO HOPE CAPE TOWN TRUST**

The financial statements set out on pages 5 - 8 were drawn up from the books of and information supplied to us by the trustees.

We did not perform an audit or reviewed these financial statements, and accordingly express no assurance thereon.

**A C VENTER & CO.**  
**Chartered Accountants (S.A.)**  
**Registered Auditors**

  
A C Venter

Belville  
26 September 2008

## Hope Cape Town Trust

### **TRUSTEES' RESPONSIBILITIES AND APPROVAL**

---

The trustees are required to maintain adequate accounting records and are responsible for the content and integrity of the financial statements and related financial information included in this report. It is their responsibility to ensure that the financial statements fairly present the state of affairs of the trust as at the end of the financial year and the results of its operations and cash flows for the period then ended, in conformity with the South African Statement of Generally Accepted Accounting Practice for Small and Medium-sized Entities. The external auditors are engaged to express an independent opinion on the financial statements.

The financial statements are prepared in accordance with the South African Statement of Generally Accepted Accounting Practice for Small and Medium-sized Entities and are based upon appropriate accounting policies consistently applied and supported by reasonable and prudent judgments and estimates.

The trustees acknowledge that they are ultimately responsible for the system of internal financial control established by the trust and place considerable importance on maintaining a strong control environment. To enable the trustees to meet these responsibilities, the trustees sets standards for internal control aimed at reducing the risk of error or loss in a cost effective manner. The standards include the proper delegation of responsibilities within a clearly defined framework, effective accounting procedures and adequate segregation of duties to ensure an acceptable level of risk. These controls are monitored throughout the trust and all employees are required to maintain the highest ethical standards in ensuring the trust's business is conducted in a manner that in all reasonable circumstances is above reproach. The focus of risk management in the trust is on identifying, assessing, managing and monitoring all known forms of risk across the trust. While operating risk cannot be fully eliminated, the trust endeavours to minimise it by ensuring that appropriate infrastructure, controls, systems and ethical behaviour are applied and managed within predetermined procedures and constraints.

The trustees are of the opinion, based on the information and explanations given by management, that the system of internal control provides reasonable assurance that the financial records may be relied on for the preparation of the financial statements. However, any system of internal financial control can provide only reasonable, and not absolute, assurance against material misstatement or loss.

The trustees have reviewed the trust's cash flow forecast for the year to 28 February 2009 and, in the light of this review and the current financial position, they are satisfied that the trust has or has access to adequate resources to continue in operational existence for the foreseeable future.

The external compiler is responsible for independently reviewing and reporting on the trust's financial statements. The financial statements have been examined by the trust's external compiler and their report is presented on page 3.

The financial statements set out on pages 5 to 8, which have been prepared on the going concern basis, were approved by the trustees on 03-11-2008 and were signed on its behalf by:

  
\_\_\_\_\_  
S Hippler

  
\_\_\_\_\_  
Trustee

Bellville

26 September 2008

**Hope Cape Town Trust**

**BALANCE SHEET AS AT 29 FEBRUARY 2008**

Figures in Rand	Note(s)	2008
<b>ASSETS</b>		
<b>NON-CURRENT ASSETS</b>		
Founding Cost		100
<b>CURRENT ASSETS</b>		
Cash and cash equivalents	2	60,951
<b>Total Assets</b>		<b>61,051</b>
<b>EQUITY AND LIABILITIES</b>		
<b>EQUITY</b>		
Accumulated deficit		(633)
<b>LIABILITIES</b>		
<b>NON-CURRENT LIABILITIES</b>		
Loans		61,684
<b>CURRENT LIABILITIES</b>		
Accounts payable		-
<b>Total Liabilities</b>		<b>61,684</b>
<b>Total Equity and Liabilities</b>		<b>61,051</b>

**Hope Cape Town Trust**

***INCOME STATEMENT FOR THE YEAR ENDED 29 FEBRUARY 2008***

Figures in Rand	Note(s)	2008
<b>OTHER INCOME</b>		
Donations		-
<b>OPERATING EXPENSES</b>		
Bank charges		732
<b>(Deficit) surplus for the year</b>		<b>(732)</b>

## **Hope Cape Town Trust**

### **ACCOUNTING POLICIES**

---

#### **1. Presentation of Financial Statements**

The financial statements have been prepared on the historical cost basis, and incorporate the principal accounting policies set out below.

These accounting policies are consistent with the previous period.

#### **1.1 TAX**

##### **Current tax assets and liabilities**

Current tax for current and prior periods is, to the extent unpaid, recognised as a liability. If the amount already paid in respect of current and prior periods exceeds the amount due for those periods, the excess is recognised as an asset.

Current tax liabilities (assets) for the current and prior periods are measured at the amount expected to be paid to (recovered from) the tax authorities, using the tax rates (and tax laws) that have been enacted or substantively enacted by the balance sheet date.

## Hope Cape Town Trust

### **NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 29 FEBRUARIE 2008**

Figures in Rand

2008

#### **2. CASH AND CASH EQUIVALENTS**

Cash and cash equivalents consist of:

Bank balances

60,951

#### **3. TAXATION**

No provision has been made for 2008 tax as the trust has no taxable income.