

HOPE

CAPE
TOWN
ASSOCIATION
&
TRUST

Annual Report 2008/ 2009

photography by Elizabeth Fleming
<http://teletdeviager.com>

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PBO No. 18/11/13/4709
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Address for the Annual Report 2008/ 09 of the HOPE Cape Town Trust & Association
(Hans-Werner Bußmann, Consul General of the Federal Republic of Germany in Cape Town)



When we left South Africa after having served from 2000 to 2003 at the German Embassy in Pretoria, my wife and I together with our son looked back on three fascinating years, everlasting impressions and important experiences. One of which was, however, the sad situation of HIV/Aids patients and the Government's reluctance to react to it effectively. It was a great relief to see how much the Government policy as well as public attitude have changed over the past six years. With the 2007 National Strategic Plan on HIV, TB and STI the foundation was laid for comprehensive and systematic plans to tackle the prevention and treatment of these, in many cases, interconnected diseases.

NGOs such as HOPE Cape Town or Treatment Action Campaign seem no longer to be outsiders who are trying to support HIV and AIDS patients being at odds with the official Government's line. It is encouraging as well to see how much support these NGOs get from overseas. The close links between HOPE Cape Town and German partners are well known. To mention but one: At the beginning of November Mrs Schneider, the spouse of the Minister in the Chancellery of Bavaria, Siegfried Schneider, visited the Tygerberg Hospital ward and township projects, where she got first-hand impressions. This, as many other visits, will, no doubt, contribute to fostering the links between HOPE Cape Town and Germany.

It seems that the Government of the Western Cape Province is making additional efforts to bring down the number of infections and to provide more funds for prevention and curing measures. In the German context, it might be useful to consider closer links between all German funded NGOs working in the health sector in the Cape region in order to cross-fertilize their contributions in assisting the needy HIV/Aids infected population. All in all, I am confident that the remarkable work of HOPE Cape Town will find even more support in the future, both in Germany and South Africa. This should be an encouragement for all those who work under HOPE Cape Town and contribute to its tasks. There is hope thanks to HOPE Cape Town.

Report of the Chairperson and the HOPE Cape Town Management Committee

(Dr. Monika Esser)



To all the Friends of HOPE Cape Town

It is that time of year again – I was gently reminded by email – to reflect and write for the HOPE Cape Town Annual Report 2008/ 2009.

I was fortunate in the past year to have visited different countries and continents as part of my 'real work' and to be able to reflect on what is special about South Africa and as such about HOPE Cape Town. It is not a country for cowards, the challenges of crime and corruption are with us, the rising HIV and TB epidemic has not really been stopped although some encouraging declines in new infections have been seen in the youngest age group, reflecting successful intervention in mother to child transmission.

Our Health Care Sector is struggling to provide reasonable care for all and established treatment and follow-up for our HIV (+) patients is under threat aggravated by the global financial events. National Health Care for all South Africans seems imminent, but the mechanisms of achieving this are problematic. The burden of disease suffocates even the most well meant efforts and professionals, including doctors and nursing staff, continue to leave South Africa for greener and certainly calmer pastures.

Yet, despite these negative news our NGO is growing, the number of our Community Health Workers is increasing, a wonderful young doctor - Sadeeka Williams has joined us, we have acquired an involved new management member in Professor Bernd Rosenkranz, our volunteers are increasing, with the *Weltwaerts* Volunteer programme now also established. Projects are expanding with exciting developments in the poorest regions such as Blikkiesdorp (Tin Village) in Delft with the Community Health Project. Requests from foreign medical student electives are exceeding capacity and our fundraisers are working hard to keep all of these activities going. Furthermore, the build up towards the World Soccer Cup - while clogging our highways - is pulling us along on a wave of positive energy.

Our project supervisor Yasmin Buettgen, now Smith, has tied the knot with Melvine, and has 'brought an accountant into the family'. She is at the hub and remains connected to all the activities of HOPE Cape Town. Pauline Jooste continues to be at the centre of the Community Health Care Worker Training and is eager to train the new 'Faces of HOPE'.

Fundraising efforts of especially Rev. Fr. Stefan Hippler and Dr. Susanne Reuther, our generous sponsors and friends and our wonderful staff and volunteers, including those in management and in the Trust, have enabled HOPE Cape Town to continue and to grow. We are very fortunate that Stefan has been able to stay with the Association, now in a consultancy capacity, while remaining connected to the Cape Town Archdiocese.

The ongoing support of the German Aids Foundation and strengthening of ties with Joachim Franz and 'Be Your Own Hero e.V.' will encourage further projects and diversification of our organization in the years to come.

The understanding and association with the University of Stellenbosch and Tygerberg Hospital has been consolidated further with outreach grassroots projects. The valuable collaboration with KID-CRU (Children's Infectious Diseases Clinical Research Unit) assists with hands on Health Care Worker Training and student exchanges as also with research collaboration to identify the changing needs of our communities.

The Ithemba (HOPE) Ward G7

Unfortunately, Patty Peier, our office administrator and 'Heart of HOPE Cape Town' had to leave us for health reasons, we wish her well and we will miss her indeed.

However, the office site of HOPE Cape Town in Tygerberg Children' Hospital remains a focus for visits, enquiries and welcomes, all via our new Personal Assistant to Chair and Management Kerstin Behlau and our Health Care Worker Angela. Frequently you will also be met by the smiles of Pauline and Yasmin.

Regular management meetings continue to take place in the seminar room of the ward and connect us to the medical issues surrounding HIV.

Patty had established regular contact between the office and the ward staff which attunes us to the needs of children and their parents beyond the medical administration. The overwhelming social issues remind us of the great need to continue our work.

Marchelle Hendricks, our longest and most dedicated volunteer, is still with us and we hope she will be able to continue for many more years to come.

We are grateful to the Tygerberg Hospital staff and our patients and their parents and caretakers for their willingness to share their brave and moving stories with our visitors.

Tygerberg Academic Health Complex

Dr. Carter, the CEO of Tygerberg Hospital, remains informed of the activities of HOPE Cape Town and we are very grateful for the support and cooperation with the Tygerberg Academic Health Complex which is vital to our work.

The Health Sciences Department of the University of Stellenbosch

Prof. Wolfgang Preiser, Head of Virology, Stellenbosch University and Prof. Mark Cotton, Director of the KID-CRU Paediatric Research Unit, maintain strong ties between HOPE Cape Town and Stellenbosch University (SU), further assisted now by Prof. Bernd Rosenkranz, new Head of Pharmacology. Cooperation with Prof. Therese Fish, Vice Dean for Outreach, continues to strengthen. At the first Community Interaction Poster Presentation of the annual Academic Year Day, HOPE Cape Town won the prize for the best poster. This prize will be reinvested in outreach project collaboration with Stellenbosch University social community projects.

The medical student elective programme for HOPE – KID-CRU continues to host students from many countries and is growing in popularity all the time.

The second Memorandum of Understanding between HOPE Cape Town and SU with the Dean Prof. Wynand van der Merwe in the previous year provides the formal basis for the multiple and steadily growing interactions between HOPE Cape Town and Stellenbosch University.

HOPE Community Health Workers & Outreach

The programme of 23 HOPE Community Health Workers (HCHW) is to be enlarged in the near future to 25 under the expert guidance and supervision of Training Officer Sr. Pauline Jooste. Their training, dedicated work and involvement in the communities around Cape Town continues to be the core work of the Association. The HCHW training with a UNISA credit qualification is very enriched and translated into practical application and basic medical knowledge by the additional teaching and clinic involvement of our enthusiastic doctor Sadeeka. We continue to be very proud of our HCHW graduates, many of whom are busy with individual grassroots projects which depend on the needs of the individual communities.

HAART Sponsorship

HOPE Cape Town had handed over the last children on sponsorship to the governmental rollout programmes, but maintains an emergency fund for supporting children, who need special treatment with emerging resistance to standard HAART regimes.

Traditional Health Practitioners Project

The second phase with our Sangomas is under way with additional refresher courses and teaching. Researchers Dr. Elena von Donhoff and Dr. Jo Wreford accompany the project closely and document the work in accredited journal publications.

Future work will include the pharmacological evaluation of some of the traditional herbal medicines under the project leadership of Prof. Bernd Rosenkranz. This will hopefully add an interesting and much needed understanding of controversial practice substances of the healers.

Workshops and Training

In the absence of an available effective vaccine, the urgent need for HIV & AIDS prevention and awareness workshops and training continues, as prevention will be the only way of stemming the tide of HIV. Outreach to the corporate world, schools, church groups and other organizations remains an important task for Sr. Pauline Jooste and the HCHWs.

International Outreach and Networking

Networking opportunities with the international community continue with ties to many Consulates, including the German, Austrian, Swiss, Czech and Canadian Consulate, the latter two of which closed down recently.

The steady and generous partnership with the German AIDS Foundation is well established now and the new sponsorship and future partnership with 'Be your Own Hero e.V.' will add to make this a strong alliance.

The collaboration with the Medical Mission Institute in Würzburg and InWent – Capacity Building International has indeed expanded with cooperation in the field of eLearning, the start of an exciting new venture for training our HCHWs with the capable assistance of Dr. Leandra Stacey, contracted for the start of the project. We thank Bavarian State Minister Siegfried Schneider and the Bavarian State Chancellery for funding this initiative, which is adding credentials to the provincial partnership of Bavaria, Germany, and the Western Cape.

Collaboration with the Hochschule Niederrhein under the guidance of Professor Ludwig has become a reality with the first two students Moritz and Sebastian involved in a HOPE Cape Town nutrition project. We look forward to many more such exchanges.

Collaboration continues with the Fraunhofer Institute in Germany under the leadership of Prof. Wolfgang Preiser, and this may eventually result in HOPE Cape Town facilitating a much needed mobile laboratory for point of care health delivery in the townships and under-resourced rural areas, but much work lies ahead still for this ambitious project.

A first visit of Prof. Juergen Beckmann from the TU Munich promises closer links to the sports sciences department of the Technical University of Munich.

HOPE Cape Town Trust and HOPE Kapstadt Stiftung

I thank all the trustees once again for their time and support to create the financial base for the HOPE Cape Town Association with Chairperson Rev. Fr. Stefan Hippler and Dr. Carl-Heinz Duisberg as well as Mr. Sam Tuntubele, Vice Chairpersons. Thank you to Petra Reichwein and Michaela Soule for their dedication to HOPE Cape Town and all their fundraising efforts.

I wish to remind that the German HOPE Kapstadt Stiftung was founded in October 2007 under the umbrella of the German AIDS Foundation and this is the basis of our very important European support.

Mrs Viola Klein has continued her magnificent fundraising efforts in Germany with yet another successful Dresden Gala Opera Evening in 2009.

Thank you again to Viola and Mr. Hardy Fiebig for their time on Advisory Board of the HOPE Cape Town Trust.

Dr. Susanne Reuther deserves special recognition for the wonderful fundraising evenings with the Cape Town Opera in Nuremberg and Munich, despite the financial recession.

Visitors and Media

The official visit to Cape Town of the 'Be Your Own Hero e.V.' Cape2Cape expedition group in December of 2008 for World Aids Day cemented not only the start of a growing collaboration and sponsorship for HOPE Cape Town, but also many friendships. A second visit to the Ball of HOPE in May confirmed this and delivered another significant donation.

Rev. Fr. Stefan Hippler's book "Gott, AIDS, Afrika" and the Erich Kaestner Award continue to attract media attention, focused attention on HIV issues and on HOPE Cape Town and also still open many hearts and minds for volunteers and sponsorship.

The German Speaking Catholic Community and Catholic Network

The German-speaking Catholic Community (GSPCC) has given invaluable support to HOPE Cape Town through the activities of Rev. Fr. Stefan Hippler since the foundations for HOPE Cape Town were laid.

The Association Board is now firmly supported by two trust bodies with Stefan instrumental in creating these, and we wish to recognize the extraordinary efforts and financial skills that he contributed to this.

After much uncertainty as to his next deployment at the end of the 12 year term as Chaplain of the German Speaking Community, Stefan has been able to stay in Cape Town at last and has now joined HOPE Cape Town in consultancy. We look forward to many years of working with him and no doubt to many new ideas!

Individual GSPCC Parish members, especially Theo Stapf, with very successful fundraising events for HOPE Cape Town, both, in Germany and South Africa, continue to be much appreciated supporters of HOPE Cape Town.

The German Bishop's Conference still assists with a trusted account for sponsors from Europe.

The Milnerton Congregation (Catholic Care Milnerton and Brooklyn) and Brian Sharkey continue their wonderful support and fundraising efforts and much appreciated support.

Ball of HOPE 2009

For the twelfth year in a row, the German-Speaking Catholic Community and the South African – German Chamber of Commerce and Industry with Anja Tambusso-Ferraz hosted the Ball of HOPE in the Westin Grand Hotel. This important fundraising and awareness event with entertainment and music under the direction of Adolf Thelen and star Eviva Pelham was again very successful. We wish to thank all our loyal supporters for their generosity.

In summary

Once again, I am proud to say we have achieved our aims. Several new projects have been evaluated and started after sound financial planning and budgeting. Growth of staff and management has enriched the Association, but activities will remain limited to the Western Cape.

Quality assurance and documentation of our work will become increasingly important as the Association grows, and fundraising for sound financial reserves to assure the future survival in unstable economic times will require ingenuity.

Our loyal supporters are more important than ever for the Association to be able to continue its work, but I don't doubt the continued commitment which has been shown until now, if we continue to care for those who are most in need.

I wish to thank the HOPE Cape Town management team, especially – Stefan Hippler, Susanne Reuther, Wolfgang Preiser, Carl-Heinz Duisberg, Mark Cotton and Bernd Rosenkranz, Yasmin Smith, Pauline Jooste, Patty Peier, Sadeeka Williams, Kerstin Behlau, all our Hope Community Health Workers, the trustees in South Africa and abroad, our sponsors and friends for their wonderful work and support.

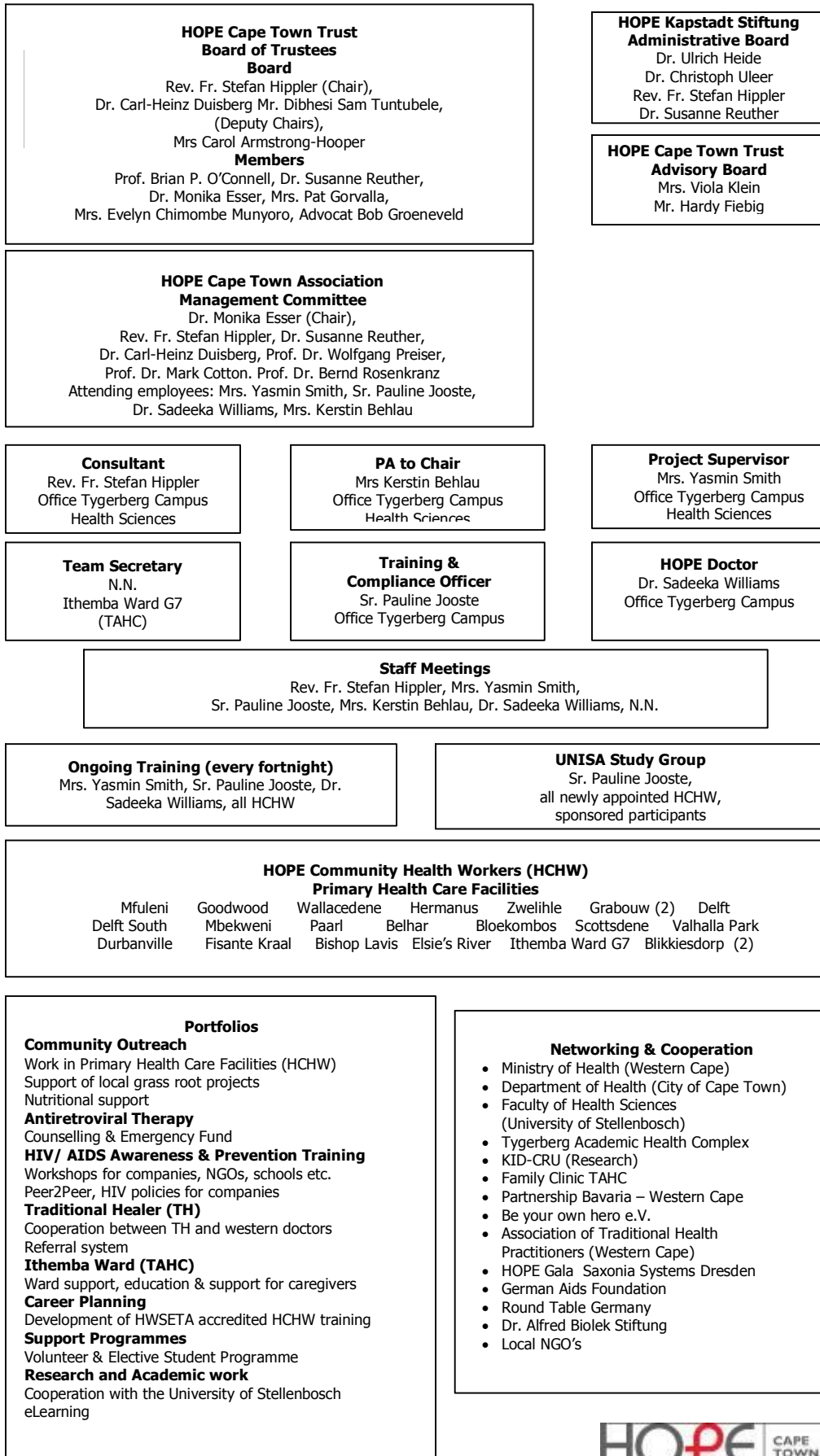
Together there is HOPE.

I wish you a wonderful and peaceful holiday season and I look forward to another year with you and HOPE Cape Town

A handwritten signature in black ink, appearing to read 'M. Esser', written in a cursive style.

Dr. Monika Esser
Chairperson HOPE Cape Town Association

Organisational Structure



Report of the Project Supervisor

(Yasmin Smith)



It is the second year that I have the honour of contributing to the HOPE Cape Town Annual Report in my capacity as the Project Supervisor, albeit with a new surname. 2009 has been an ambivalent year with many challenges, but also with at least as many successes and accomplishments. In last year's report I wrote about being a youngster amongst staff and management; one year later I can say that working for HOPE Cape Town has made me grow up, both professionally and personally – in a good way.

The world financial crisis, started in the wealthier parts of the world, has – ironically – hit the so-called “developing countries” the hardest. The implications are serious: infection rates continue to rise in countries where poverty, poor health care systems and limited resources for prevention and care fuel the spread of the virus. A vicious cycle, it appears. Where can we start to break it? The global economic downturn has not spared South Africa, and many communities, HOPE Cape Town works in, have been adversely affected. Demanding times for our organisation, as the need for support for people infected with and affected by HIV increases even more while the economy is shrinking. Against this background, it is important to remember that each individual contribution, as small as it may be, helps to make a difference. It may be a drop in the ocean, but as Sir Peter Ustinov once said: “A drop in the ocean never gets lost”.

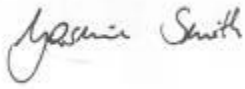
We have been very fortunate to experience relative financial stability through the recession thanks to prudent management and governance, and, essentially, the generosity of our donors and sponsors. HOPE Cape Town – unlike many other institutions and companies – did not have to retrench employees, but has, on the contrary, been able to extend its staff force and is, thus, able to help more than ever where real support is needed: at the community level. Our now 23 HOPE community health workers are doing an excellent job in all of “our” 17 communities and on the Ithemba Children's Ward. We are proud to have such a strong team and are very happy about every new addition to the HOPE family, including Dr. Sadeeka Williams, Prof. Bernd Rosenkranz, Kerstin Behlau and a number of very capable Community Health Worker trainees. It is also a great pleasure to officially have Stefan Hippler back on board as a consultant to HOPE Cape Town.

A very sad loss for our team is the unfortunate resignation of HOPE Cape Town's kind soul Patty Peier, who had to stop working on the Ithemba Ward due to serious health issues. “Aunty Patty” is dearly missed by both, staff and patients, and will always hold a special place within the HOPE family.

Patty's case has certainly taught us how important it is, to take care of our own wellbeing, if we want to be able to help other people. Working in the South African Health Sector can be very strenuous for both, one's body and soul, and the risks we are all taking on a daily basis must not be underestimated. Care of the caregivers is crucial so that the costs of doing “good work” are not exceeding the benefits and to avoid the infamous “Compassion Fatigue”. Hence, prophylaxis and debriefing are highly prioritized points on HOPE Cape Town's agenda for 2010.

The past two years have been a truly inspirational time for me and I appreciate being able to work in a team of magnificent colleagues and supportive management. The strength and willpower of our patients and the strong faith and optimism of our donors and sponsors never fail to give me new motivation on days when I feel like we are “tilting at windmills”. The fight against HIV and AIDS is not a losing battle, but an opportunity for all of us to count our blessings, rediscover humanity and contribute towards creating more equality in our societies.

A big thank you to everyone, who has helped make HOPE Cape Town what it is, and only the best wishes for the New Year ahead,

A handwritten signature in cursive script that reads "Yasmin Smith".

Yasmin Smith
Project Supervisor HOPE Cape Town Association

HOPE Cape Town at Tygerberg Hospital

The Ithemba Children's Ward

The base of HOPE Cape Town is situated on the Ithemba (Hope) Ward (G7) in, a dedicated 24 bed ward, equipped for the care of very sick children, and focusing on treatment, rehabilitation and education. The aim is to provide the best tertiary level health care possible in order to improve the overall health of the children (many with HIV-related diseases) and to support their families and caregivers in a comfortable child-focused and adult inclusive environment. The ward cares for children with complex infectious diseases and related problems including diagnostic difficulties and complications. On discharge, the children are integrated into community-based health structures. The caregivers are supported, counselled and individually instructed in order to manage the illness and the daily care of the children.



The Ithemba Ward, established in 2001, was a joint venture among the Tygerberg Academic Health Complex, the University of Stellenbosch, the German Catholic Community of Cape Town and the Rotary Club of Signal Hill. It enabled the Tygerberg Academic Health Complex to fulfil the mandate of giving special attention to children with HIV and AIDS for the first time. In the same year an agreement was signed with the hospital and HOPE Cape Town with the support of the German Speaking Catholic Community to assist with the development of the facility, training of the staff and the running of ward G7 Ithemba Ward. The Tygerberg Academic Health Complex provided the appropriate number of staff and the equipment, supplies and materials necessary for the care for a child with HIV-related illnesses. The University of Stellenbosch provided academic input through the Department of Paediatrics and Child Health.



Ithemba Ward with HOPE Cape Town Christmas Decoration

The ward has helped to integrate all services for HIV positive children within the Tygerberg Academic Health Complex. Today, HOPE Cape Town continues to fulfil the agreement within the hospital with support for families, maximisation of resources, the promotion of the effective use of Anti-retroviral Treatment including personalised home visits and follow-up to ensure compliance for adults and children as well as supporting research. Close cooperation and a mutually supportive relationship between HOPE Cape Town with the Ward nursing staff and doctors are ensured through regular attendance of the Monday morning Ward meetings.

From January 2009 until mid-November 2009, 527 children were admitted to the Ithemba Ward. There were a number of very successful recovery stories; however, there were also sad moments of goodbyes when we ultimately lost little patients to the HI virus. The infamous H1N1 virus, also known as the Swineflu or Mexican Flu, affected many of our immuno-compromised patients quite seriously.

Regrettably, many children still cannot go back to their families on discharge, but have to be transferred to step-down facilities as circumstances at home do not allow for optimum treatment adherence. There are, hence, a number of so-called "social cases" on the ward, i.e. patients that could be discharged, but are still waiting for a place in children's homes such as *St. Joseph's* or *Cotlands*. The HOPE Community Health Workers, together with local social workers, play an important role in following up on these patients and making sure they can return home to their families as soon as possible, if the circumstances allow.



One of the "Ithemba Ward Princesses"

Unfortunately, many of our little patients have to stay on the ward for up to several months. This can be very boring for the children, especially once they are recovering but not ready to be discharged yet. The dedicated teachers and volunteers from the Tygerberg Hospital School are trying to make the children's hospital stay a bit more stimulating by fetching them every morning for their classes. We are very glad the advised closure of the school could be prevented at the last minute and the patients of Tygerberg Children's Hospital can continue to benefit from this excellent institution.

HOPE Cape Town is very fortunate to have the constant and sedulous support of many helping hands, which regularly provide the little patients and their caregivers on the ward with food, blankets, toys, sweets, clothes, toiletries and many other goods on a voluntary basis. A big thank you goes to all these individuals, who dedicate so much of their private time, money and energy to make the Ithemba Children feel better.

Report of the HOPE Doctor

(Dr. Sadeeka Williams)



It is a great privilege to contribute to this year's annual report. Although it has been only a few months since I joined HOPE Cape Town in June 2009, my first few steps into G7/Ithemba Ward at Tygerberg Hospital seem very long ago to me now.

In South Africa, HIV continues to challenge our society, humanity, intellectual ability and economy. There is a tendency for health care workers to ask ourselves 'are we really making any difference at all?' as feelings of frustration, anger and being 'burnt out' are faced. It is often not easy to be optimistic as we deal with this insidious virus and all its ramifications.

However, over the past few months I have been lucky enough to witness what differences can be made with the vision of just a single NGO. I can see its impact when the HOPE health care workers ask questions or reveal stories about their interactions with other community members, when clinic managers speak admiringly about HOPE Cape Town staff members and I saw it even when I had just arrived at the Paediatric Infectious Diseases Clinic and colleagues said: 'We are so glad that you came, there are families who have been waiting for the HOPE doctor for a long time'. HOPE Cape Town is crystal clear proof that differences can be made.

As I find my feet here, I also try to make sure that they will fill the enormous custom-made HOPE Cape Town shoes. Fortunately, there is no shortage of inspiration in this environment. I have the passionate support of a dedicated management team who are always innovative, creative and focused. Our training officer, Pauline and project supervisor, Yasmin are a constant source of information and motivation, and have an uncanny knack for turning ideas into reality (which I still need to learn!). I have the health care workers and volunteers to thank for pushing me to not only be a better doctor, but teacher, counsellor and project officer. Our elective students (who rotate through our clinics) keep me on my toes. I do wish them success with their careers and lives and hope that they take a little bit of 'Africaness' back to their homes in England, Holland, Belgium, Sweden, Germany and the United States.

Lastly, I am humbled by all the individuals and groups who support HOPE Cape Town in cash and kind, who (mostly) unknowingly touch lives, and speak for those who are too weak or too young or too disenfranchised to speak for themselves. The magic of HOPE Cape Town would be impossible without them.

Our collaboration with KID-CRU and the University of Stellenbosch has really given me a unique learning experience and I continue to be educated by colleagues and kiddies at Tygerberg Hospital and Delft Community Health Centre.

This year has been filled with many sad losses and many well-deserved wins. May we gain strength in reflection of both. I wish all who read this happiness and health in the exciting year ahead.



Dr. Sadeeka Williams
HOPE Cape Town Medical Officer

Visitors to HOPE Cape Town

Again, a number of enquiries for visits to our facilities have reached HOPE Cape Town this year. We are happy about the ever-increasing interest in our organisation. Many sponsors, officials, delegations and individuals have found their way to Tygerberg Hospital and visited a variety of HOPE communities with us. We are equally pleased to welcome both, new and well-known faces.



f.l.t.r. Rev. Fr. Stefan Hippler, Veronica Ferres, Inga Pudenz & Carsten Maschmeyer



f.l.t.r. Sr. Pauline Jooste (H), Sabine Jahn, Bonga Zantsi (H), Yasmin Smith (H), MdB Ulrich Adam and Captain Hans-Uwe Mergener at Wallacedene Clinic

Selected Visitors to HOPE Cape Town 2009

| | |
|----------------|--|
| January 2009 | Thomas Hock, Philipp Lahm Stiftung |
| | Theo Stapf, Volunteer Fundraiser for HOPE Cape Town |
| | Rita Lucia Nasser, Kinder e.V. |
| | Rosie & Manfred Wennemer, Deutsch-Suedafrikanischer Foederverein fuer benachteiligte Kinder e.V. |
| February 2009 | Veronica Ferres, Carsten Maschmeyer & Inga Pudenz |
| | Dr. Robin & Christine While |
| | Jackie Tau & Clinton van Zitters, ASPEN Pharmacare |
| March 2009 | Tork Liebezeit, DED Weltwaerts |
| | Silvia Mikulasch |
| | Mike Froehlich & Christine Laederach, Neumayer Station Antarctica |
| | Ulrike Scherer-Scheltema, Deutsch-Suedafrikanischer Foederverein fuer benachteiligte Kinder e.V. |
| April 2009 | Lena Haap & colleagues, Go Ahead! |
| | Sabine Jahn, German AIDS Foundation |
| | MdB Ulrich Adam & wife; Captain Hans-Uwe Mergener, German Embassy Pretoria |
| | Christine Voigts, Charité Berlin |
| | Dr. Peter Arend |
| | Bernd Spengler |
| May 2009 | Delegation from Be Your Own Hero e.V. |
| | International Scholar Laureate Program on Nursing & Diplomacy, USA |
| | Monique Yazdani & Kristian Heuer, Photographers |
| June 2009 | Bilal & Shamim Rajan, UNICEF Canada child ambassador & his mother |
| | Natalie Spremberg & Stefan Rekittke, SoccerGround |
| July 2009 | Holger Pfister |
| | Resi Gareis |
| August 2009 | Mazaher Chagani & AISEC UCT Students |
| | Juergen Wilhelm & Dr. Max Teuber, DED |
| September 2009 | Dr. Klemens Ochel & Alexander Kaufmann, MMI Wuerzburg |
| | Gloria & Matthias Mickenautsch |
| October 2009 | Dr. Wolfgang Lobusch |
| | Prof. Juergen Beckmann & Denise Waldemayer, TU Munich |
| | Hans-Werner Bussmann, Consul General of the Federal Republic of Germany & Ruth Bussmann |
| | Gerd Plobner, Aktionsbuendnis gegen AIDS, Germany |
| | David Richart & Eric Snow, Lifelong AIDS Alliance, Senator Edward B. Murray, Washington State Senate, Jane Letourneau, Open Arms Minnesota, USA |
| November 2009 | Elisabeth Schneider, Gabriele Koch, Maximilian Heimerl as part of delegation around State Minister Schneider from the Bavarian State Chancellery |
| | Delegation around the Minister for Economics, Labour and Transport of the German Federal State of Niedersachsen, Dr. Philipp Rösler |
| | Julia, Otti & Bernhard Knaier |
| | Prof. Ludwig, HS Niederrhein |

HOPE Cape Town at Tygerberg Campus, University of Stellenbosch

Academic Collaboration and Community Outreach

The year 2009 has brought many opportunities and developments for HOPE Cape Town. Existing collaborations could be strengthened and new contacts could be established.

Cooperation with Stellenbosch University, Faculty of Health Sciences



Gemeenskapsinteraksie
Community Interaction
Amaqhina Entsebenziswano

Since May 2009, HOPE Cape Town is a registered Community Interaction Project with the University of Stellenbosch.

Deputy Dean for Community Service and Interaction, Dr. Therese Fish, has established a well-working networking platform at the Faculty of Health Sciences, which enables staff and students to share their various initiatives with each other and gain synergies. Through this process it is envisaged to leverage off each other's strengths and enthusiasm, and, most importantly, to improve the living conditions in underprivileged communities.

In August, Dr. Fish and Vanessa Malherbe, the Chairperson of the TSC Community Interaction portfolio, hosted a Poster Presentation, where various Community Interaction Initiatives showcased their work to capitalize on each other's resources and in doing so increase efficiency. HOPE Cape Town also took part in this competition and won the prize for the best poster.

Cooperation with the Delft Community Project

As a result of the interaction with other Community Projects registered with the University of Stellenbosch, HOPE Cape Town got in contact with the founders of the Delft Community Project. The project kicked off in 2009, when senior medical student Willem Venter organised that the first years' orientation would include community interaction activities. Due to the sheer amount of people involved in this initiative, a big impact was made in Delft, as well as in the lives of many students.



Delft is one of the most rapidly expanding communities in the greater Cape Town area. Especially, the influx into the TRA (Temporary Relocation Area) Delft – Symphony Way, commonly known as 'Blikkiesdorp' (Tin Village, see photo), is extremely high. This settlement made of tin-structured shacks has been set up by the Government to temporarily accommodate dwellers that were removed from various informal settlements, which are developed into formal housing solutions as part of the N2 Gateway Project. More recently,

hundreds of African refugees that had fallen victim to the infamous 2008 xenophobic attacks have been relocated into the TRA.

The only Day Hospital in Delft has a capacity to serve a population of 90,000 people and is unable to accommodate the needs of the more than 300,000 people living de facto in the area. The Delft Community Project aims to alleviate the burden on the Day Hospital by providing additional Day Clinics on weekends at least twice a month. There is a shuttle service that helps transport patients from Blikkiesdorp to the Day Hospital. The project also focuses on health promotion and awareness in Delft: junior students and other volunteers conduct home visits in Blikkiesdorp while senior students and doctors run the Clinic.

Since the beginning of October, HOPE Cape Town deploys two new Community Health Workers in Blikkiesdorp, sponsored by Hope & Future e.V. Gaironissa and Edward will assist the students and doctors running the weekend clinics by referring HIV and TB patients and conducting follow-up visits. They are also doing HIV outreach and prevention work in Blikkiesdorp, and are very much in touch with the community. A proposal for the erection of a HOPE Cape Town container as a base for the Blikkiesdorp CHW is currently pending with the City of Cape Town.

We would like to thank Kobus Pauw, "Oudie", Pastor Charles George, Willem Venter, Riesa Janse van Rensburg and of course our generous sponsors from Hope & Future e.V. for their support.

Bavarian Cooperation

As part of the partnership between the provinces of Bavaria, Germany, and the Western Cape in South Africa, HOPE Cape Town is currently developing an eLearning module about basic HIV & AIDS Care and Counselling. The project is funded by the Bavarian State Chancellery under Minister Siegfried Schneider and supported by InWent gGmbH Capacity Building International. The Medical Mission Institute Wuerzburg has been appointed to carry out the project with HOPE Cape Town. After a pre-visit of Dr. Klemens Ochel in May and a Tutor Training Workshop in August, Dr. Leandra Stacey began with the development of the first HOPE Cape Town eLearning Module in September. It will be finished and reviewed at the end of January 2010 and we are looking forward to take it to the practical phase after that.



Participants of the Experience Exchange Workshop at the GERGA Computer Lab

Cooperation with HS Niederrhein

Since early 2009, HOPE Cape Town has been in contact with Prof. Norbert Ludwig from the Faculty of Nutritional Sciences at the Hochschule Niederrhein in Mönchengladbach, Germany regarding a project about healthy breakfasts for children in disadvantaged communities. In August, Sebastian Leisten and Moritz Esser, both 2nd year students of Nutritional Sciences, came to Cape Town for six weeks to set up and develop this project in partnership with HOPE Cape Town and the Department of Human Nutrition at the Faculty of Health Sciences, Stellenbosch University. In the course of the project, the focus was shifted to healthy nutrition in general. Eventually, the two students successfully advertised and carried out "Healthy Fruit Days" for patients at the Delft South Clinic (see pictures).



"Healthy Fruit Day" Flyer distributed in the clinics

Prof. Ludwig visited HOPE Cape Town in November to discuss the continuation of the project. We are looking forward to this "fruitful" collaboration.



Nutrition students Moritz and Sebastian distributing fruit to patients on one of their "Healthy Fruit Days"

Cooperation with AIESEC

"We are four interns from different countries: Wei is from Taiwan, Fleur is from Holland, Cindy is from South Korea and Olivia is German. We are members of AIESEC, i.e. an international student association and we are currently running the ASK program in Cape Town, South Africa. ASK refers to "Answers, Solutions and Knowledge around HIV/AIDS". We're going over to 5 different high schools 6 times and teach them about the basic knowledge of HIV/AIDS. The purpose of this program is to affect as many people as possible. So after the program is finished, the students who were participating in the workshops are going to be peer educators, so that they can share their knowledge about HIV/AIDS. We were trained by HOPE Cape Town in Tygerberg Hospital. Dr. Sadeeka and Pauline always supported us and shared their knowledge with us. Thank you very very much for that!"



HOPE Doctor Sadeeka Williams with the four AIESEC Students

HOPE Cape Town Volunteers

(Yasmin Smith)

HOPE Cape Town would not be where it is today without the help of countless volunteers that offer their precious time and expertise to help us making the lives of those infected with and affected by HIV and AIDS a little better. The successful partnership with the DED (German Development Service) has commenced its second year with the arrival of two new *Weltwaerts* volunteers in September. The chart below lists all interns that assisted us this year.

We would especially like to thank our reliable local long-term volunteers – Marchelle, Margaret, Germaine and Gary – who come in week after week to support our little patients on the Ithemba Ward with their food donations as well as clothes and toys.

Many thanks also to our “Alumni”, who continue to spread the word about HOPE Cape Town, donate on a regular basis and undertake various fundraising efforts even long after their internship has ended.



HOPE Volunteer and trained pharmacist Dr. Konrad Horn simulating an HIV test with Pauline

HOPE Cape Town Volunteers 2009:

| Name | Field of interest/ Project |
|----------------------------------|--|
| Dr. Konrad Horn | Pharmacist, HCHW training, Sangoma Project, ARV interactions and side effects, nutrition |
| Andreas Hagen & Valentin Niebler | DED/ <i>Weltwaerts</i> , public relations, programme evaluation |
| Mariko Miller | Public Health, TB, Training |
| Holger Pfister | HCHW Training |
| Nina Hoefler | Pre-medical, G7, community clinics, donor reporting |
| Laura Fiebig | Hospital school, G7 ward, donations |
| Moritz Esser & Sebastian Leisten | Healthy nutrition in impoverished communities |
| Nadine Bayer & Malene Hummel | DED/ <i>Weltwaerts</i> , public relations, HCHW training, eLearning |
| Bianca Mannewitz | Social work, G7, “Harvest of Hope” |

HOPE – KID-CRU Elective Student Programme

(Yasmin Smith)

2009 has been the second year for HOPE Cape Town and KID-CRU (Children's Infectious Diseases Clinical Research Unit) to offer their joint medical clerkship to international elective students. The rotation usually takes four to six weeks, whereby half the time is spent with HOPE Cape Town and the other half with KID-CRU. The combined clinical and research elective has become very popular; this year a total number of 12 students from different parts of the world have completed it (see chart below).

Thanks to HOPE Doctor Sadeeka Williams and Training & Compliance Officer Sr. Pauline Jooste, the students gain excellent insight into the management of paediatric HIV patients and the primary health care system at community level. The participants also get a chance to visit the immunology and medical virology laboratories at Tygerberg Hospital and Stellenbosch University, respectively.

A couple of students have been involved in a pilot study on HIV-exposed uninfected infants (HEU) run by HOPE Cape Town Chairperson Dr. Monika Esser, where their valuable assistance has been much appreciated. We are also very pleased about an ongoing cooperation with the University of Wuerzburg, which has sent a number of highly motivated PhD candidates, who are mostly seen to by HOPE board member Prof. Wolfgang Preiser and his colleagues from the Medical Virology Department at Stellenbosch University.

Our partner Go Ahead!, a student organization from Germany, thankfully advertises the HOPE – KID-CRU Elective Student Programme on their website (www.goahead-organisation.de), so that there is hoping for more keen medical students, who would like to get a special view on the HIV & AIDS pandemic.

All applications are processed by the International Student Office at the Faculty of Health Sciences of Stellenbosch University. A big thank you goes out to the friendly and patient ladies at this facility: Rachel Pullen, Mariska April, Valerie Dietrichs and Glynn-Ray Duthiel!

We hope to encourage many of our elective students to become passionate doctors and activists to support the fight against HIV and AIDS in South Africa, their home countries and all over the world.

HOPE – KID-CRU Elective Students 2009:

| Name | University |
|---------------------------|----------------------------|
| Maurits Graafland | Groningen, The Netherlands |
| Jemma Wright | Nottingham, UK |
| Frank Bernard | Wuerzburg, Germany |
| Thomas Bok | Wuerzburg, Germany |
| Caroline Nilsson | Stockholm, Sweden |
| Lisa Gueney | Cologne, Germany |
| Makabongwe Tshuma | Leeds, UK |
| Fenne Aarts | Rotterdam, The Netherlands |
| Lydia van Kesteren | Antwerp, Belgium |
| Susanne Potschka | Wuerzburg, Germany |
| Anna-Teresa Lundershausen | Wuerzburg, Germany |
| Rachel Phelan | Chicago, USA |

HOPE Cape Town in the communities

HOPE Community Health Worker Programme

(Sr. Pauline Jooste, Yasmin Smith)

HOPE Cape Town trains and places a network of 23 community health workers in 17 selected community clinics and the Ithemba Ward to provide current HIV, AIDS and TB knowledge, counselling and support for clients, assist with treatment regime adherence and home visits at the primary health care level.



HCHW Linda Dinkea (Delft South) with little patients

As in the previous years, a number of HOPE Community Health Workers (HCHW) “graduated” from HOPE Cape Town, mostly into reputable positions in the Government Health Sector. We have been able to fill all vacant positions with fresh new faces and are happy about all our team additions. The list below shows all our HCHWs and their sponsors.

Training and Compliance Officer Sr. Pauline Jooste is in charge for both, the initial training for HCHWs once they start working for HOPE Cape Town, and the ongoing training mandatory for all HCHW. On commencement of the job, each new HCHW is trained in HIV & AIDS care and counselling through the completion of a six months UNISA (University of South Africa) distant learning course and through activities and discussions in weekly group training sessions. At the same time, all new HCHW are already working at the local health care facilities, where they receive training on the job. After finishing the course, each HCHW is undergoing an internship with the HOPE Doctor at the Paediatric Infectious Diseases Clinic at Tygerberg Hospital in order to obtain some hands-on experience with the treatment and care of HIV-positive patients.



| Community | Name | Empl. since | Sponsor(s) |
|-----------------------|----------------------|--------------------|---|
| Belhar | Charlene Felix | 01.12.2007 | Be Your Own Hero e.V. |
| Bellville South | Saliswa Mahlakahlaka | 01.06.2007 | MAC AIDS Fund |
| Bishop Lavis | Mariam Roelofse | 01.07.2005 | MARO Stiftung |
| Blikkiesdorp (Delft) | Gaironissa Abrahams | 05.10.2009 | Hope & Future e.V. |
| Blikkiesdorp (Delft) | Edward Swartz | 05.10.2009 | Hope & Future e.V. |
| Bloekombos | Simbongile Zaze | 16.02.2009 | ACE Entertainment |
| Delft | Alice Daniels | 15.02.2004 | Hope & Future e.V. |
| Delft South | Linda Dineka | 01.05.2005 | Hope & Future e.V. |
| Durbanville | Reza Pokpas | 01.03.2009 | Be Your Own Hero e.V./ MAC AIDS Fund |
| Durbanville | Zanoxolo Mngomeni | 01.03.2009 | Be Your Own Hero e.V./ MAC AIDS Fund |
| Elsie's River | Bonita Keet | 01.07.2009 | Saxonia Systems |
| Goodwood | Rochelle Paka | 14.04.2008 | Bezirksregierung Arnsberg (NRW) |
| Grabouw | Valerie Smith | 01.04.2006 | German AIDS Foundation |
| Grabouw | Kekeletso Lebeta | 01.04.2006 | German AIDS Foundation |
| Hermanus | Corita Marshall | 01.06.2004 | Bezirksregierung Arnsberg (NRW) |
| Mfuleni | Babalwa Lumko | 24.07.2007 | Westin Grand Hotel, KFD Liebfrauen, Catholic Care Milnerton |
| Paarl | Sheila Samuels | 01.05.2005 | MARO Stiftung |
| Paarl | Nomsa Nqwita | 01.03.2009 | Saxonia Systems |
| Scottsdene | Dandelene Sylvester | 15.10.2008 | MARO Stiftung |
| Tygerberg Hospital G7 | Angela Abrahams | 01.09.2006 | Katholische Gemeinde St. Michael Friedrichsthal |
| Valhalla Park | Devitia Swartbooi | 15.01.2009 | Be Your Own Hero e.V. |
| Wallacedene | Bonga Zantsi | 02.07.2007 | Process Consulting |
| Zwelihle | Henriet Bulani | 01.12.2007 | Westin Grand Hotel |

All HCHWs, the new and the established ones, are obligated to attend the fortnightly HOPE Cape Town training sessions, where their knowledge on HIV & AIDS and all related health and socio-economic matters is deepened and updated. The Training and Compliance Officer prepares and facilitates each training session in conjunction with the HOPE Doctor, volunteers and also external lecturers. The following training topics were dealt with in 2009:

- Visit to Medical Morphology Museum at Stellenbosch University
- Your job as a Health Promoter - Priscilla Anthony (former HOPE community health worker)
- H1N1 virus - Prof. B Rozenkranz
- Role play counseling HIV and AIDS
- Prevent the spread of HIV - AISEC students from UCT
- Advanced Life Support for Healthcare Workers - Clinical Skills Lab. Stellenbosch University
- Mother and Childcare
- Skin diseases and treatment
- HIV and Nutrition
- Money matters - MP Consultants
- Type 1 and Type 2 Diabetes
- Tuberculosis and HIV Concurrent infections - Mariko Miller
- TB in HIV positive kids
- HIV and AIDS treatment

- TB in Adults
- Counseling for HIV testing - Dr. Konrad Horn
- HIV Testing - Dr. Konrad Horn
- Adherence and Resistance - Dr. Konrad Horn



HCHWs Babes, Bonga and Linda during a VCT (Voluntary Counseling and Testing) role play

Sr. Jooste together with the Supervisor and the Office Administrator also handles all personnel issues that occur with regard to the HCHWs, including collecting and evaluating statistics, attendance registers, reports, leave etc.



HCHW Angela Abrahams (prev. Delft, now G7 Tygerberg Hospital) with patients in the clinic waiting area

Importantly, the Training and Compliance Officer is constantly in contact with the local Primary Health Care Facilities to assess and evaluate the success or problems with regard to the HCHW Programme. On a weekly basis she visits the HOPE Cape Town communities to liaise with the clinic managers and staff and to assess the situation in the health care facilities.



HCHW Rochelle Paka (Goodwood) in the TB room

Outreach

(Sr. Pauline Jooste, Yasmin Smith, Dr. Sadeeka Williams)

The HOPE Cape Town Training and Compliance Officer Pauline Jooste, Project Supervisor Yasmin Smith and HOPE Medical Officer Dr. Sadeeka Williams together with various HCHWs are engaged in the development of new educational materials for use in schools and support groups. They have assumed the lead in outreach education for businesses and organisations offering intensive HIV and AIDS awareness courses and workshops. In 2009, educational talks, courses and workshops were provided to the following organisations, companies and institutions, amongst others:

- ISLP Students
- Saginaw University, USA
- National Press Foundation Washington
- Cape Point Ostrich farm
- Various international student groups
- Various international doctors groups
- Various international delegations



The HOPE Cape Town Outreach team with farm manager Chris Coelle after a prevention workshop at the Cape Point Ostrich Farm

Delft Paediatric ARV clinic

(Dr. Sadeeka Williams)

The Delft Paediatric ARV clinic is a dedicated government service which runs every Friday at Delft Community Health Centre. 91 children are routinely followed up at the clinic with twenty-four children falling into the adolescent group (older than the age of 10) (as at 1 September 2009).

Dr. Gadija Essack, a senior medical officer at Tygerberg Hospital, has been seeing patients at the clinic on her own since starting in 2006. Due to a shortage of space at the clinic, she often works in a tiny room without a bed despite being expected to take bloods from the babies for routine clinical management. Up to twenty-five children may be seen in the clinic on any given day. On-site counselors and patient advocates provide the social component of the service.

Since 11 September 2009, HOPE Cape Town medical officer, Dr. Sadeeka Williams and HOPE community health worker, Angela Abrahams, as well Tygerberg Hospital Nursing Sister, Sr. Beulah Floris have joined Dr. Essack at Delft Paediatric ARV clinic. They hope to add to and support the clinical efforts of Dr. Essack. They have also tried to make the clinic more child-friendly by decorating the rooms with soft toys and games and colouring books for the children to play with.

The Delft Paediatric ARV clinic continues to see new patients every week as the community continues to rapidly expand. There are also plans for a further 67 children from Delft who are currently receiving treatment at Tygerberg Hospital (in Parow) to be transferred to the clinic as this would improve accessibility for the families. It currently costs between R40 and R50 for a return trip by minibus taxi between Delft central and Tygerberg Hospital.

It is hoped that the clinic will soon move to bigger rooms within the facility while waiting for a much bigger ARV clinic to be built.



Patients in the waiting room

Traditional African Healers' Project

(Dr. Joanne Wreford)

Some practical obstacles have been presented in the development of this groundbreaking project, not the least being the difficulty the *izangoma* have experienced in maintaining their living in a precarious and poverty-stricken environment. Partly as a consequence of this, progress on the project has been a little slow this year. To address the situation, and not without considerable debate, an important structural change was introduced in February 2009, when the *izangoma* still attached to the project were offered a stipend of R 500.00 each per month. The stipend – funded by the German AIDS Foundation – is subject to a contract signed by the recipients, in which they commit themselves to attending regular training sessions held at Tygerberg Academic Hospital. The intention of the contract and stipend is fourfold: first, to help to support the *izangoma's* often rather precarious financial situation; second, to enhance their knowledge and understanding of HIV & AIDS and associated health issues, by means of their attendance at the training sessions; third, since these training sessions are also attended by the HOPE Community Health Workers, the attendance of the *izangoma* seeks to enhance relationships between them and the Community Health Workers. Finally, the stipend is intended to help the *izangoma* feel that they are valued members of HOPE Cape Town. The healers are attending the training workshops and appear to enjoy the challenge of the extra tuition. Meanwhile, this year, 53 Patients have been referred from the *izangoma* to their local clinics, a very encouraging result.

Discussions have been held throughout the year regarding the possibility of establishing a second *izangoma* project, in which possible interactions of traditional medicines and antiretrovirals would be examined. Proposals for this project are currently being compiled.

In the meantime, Dr Jo Wreford attended a seminar in Queen William's Town, Eastern Cape Province, in July 2009, to introduce the project to the newly established Businesswomen's Association. The organisation is keen to have an HIV & AIDS component in its work, and the idea of an *Izangoma* Project was very well received. We await developments!

Our sponsors and partners

(Dr. Susanne Reuther)



Sitting down to write about our sponsors, cooperation and support, I realize once again how blessed we are to be part of the management of a project like HOPE Cape Town. Not only is it just thrilling to see a project grow from a mere idea to an entity able to change lives, every year we have the chance to meet people who dedicate their lives or parts thereof to make our planet a better place. In witnessing acts of selfless people, one truly gets a sense of HOPE.

Inspired by President Obama's election campaign, we at HOPE Cape Town decided it is about time to enter the 21st century and not only update our webpage, but enter the world of virtual social networking.

We started a Facebook page, where we not only can make new friends, but more importantly can update our friends on a very regular basis, share pictures, stories and invite them to share their thoughts. Please join us, if you have not already done so.

<http://www.facebook.com/hope.capetown>

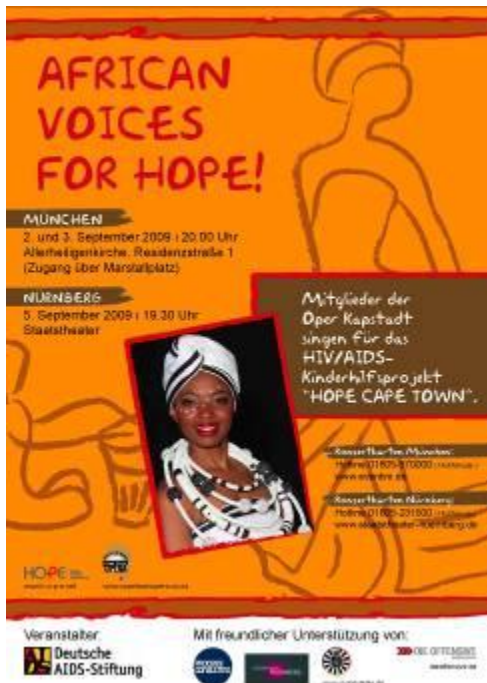
We are also updating followers on Twitter and have started a cause on Facebook that will eventually allow us to fundraise via Facebook too.

<http://www.twitter.com/hopecapetown>

and

<http://apps.facebook.com/causes/339124?m=3f1cca43>

African Voices for HOPE



Our cooperation with CAPE TOWN OPERA, the only professional opera company in Southern Africa, has led to a series of concerts entitled "African Voices for HOPE" in Germany in September 2009. Two concerts in Munich's Allerheiligen Hofkirche and a final concert in Nuremberg's Operahouse led to standing ovations and enduring calls for encore. CTO's choir performed gospels, spirituals, traditional African songs as well as opera, the latter translated into isiXhosa, which gave e.g. the Champagne song from "Fledermaus" an unexpected and irresistible twist.

The concerts were made possible through the wonderful support of *Process Consulting Munich*, the *German Aids Foundation* and *Staatstheater Nuernberg*. It is almost unbelievable that the whole concert series was basically prepared and organized by volunteers.

Our heartfelt thanks, gratitude and admiration go to
Judith Stein (Focus TV),
Karsten Knechtel, Claudia Holzkaemper (Process Consulting),
Leonhard Lenz,
Dr. Ulrich Heide, Patrik Maas, Sabine Jahn (Deutsche Aidsstiftung),
Elise Brunelle, Michael Williams, Christine Crouse, Albert Horne & the Voice of the Nation (Cape Town Opera),
Alfred Doederlein, Johannes Hauber, Illona Sievers, Verena Koegler (Staatstheater Nuernberg),
Michael Reuther (s-press-digitaldruck), Helmut Hartinger, Bernhard Simet (die Offensive).

The concerts did not only raise funds for future projects but did also provide the opportunity to raise awareness for the current HIV & AIDS situation and our work in South Africa. New sponsors could be recruited.



12 year old Canadian UNICEF Child ambassador Bilaal Rajan visited our ward and gave an inspirational speech to our Community Health Workers. Shortly thereafter we received a letter from Florian in Munich: he waived all his birthday presents for his 6th (!!!!) birthday, to raise funds for the HOPE children. If this is the new generation of fundraisers, I think we have nothing to fear.



Correspondence from our youngest fundraiser

With our Community Health Workers giving moving speeches and insight into their work as they have done for our Bavarian Visitors Mrs. Schneider & Mr. Heimerl from the Ministry of the Bavarian State and a large delegation from Germany's province Niedersachsen recently, we will also not experience problems in gaining friends and supporters going forward. We are very proud of our team.

In closing, I would once again like to express our gratitude to the many friends of HOPE Cape Town, who have supported us for nearly 10 years. We are doing our best to justify your trust and assure you, that your support creates the strength we need to continue our work. Thank you.

Lastly, please let me thank our incredible chairlady Dr. Monika Esser for her work in 2009. Monika, we have pushed you to become our chairlady and you only accepted this task reluctantly at first. It is sheer pleasure to see how you have filled this role over the last year and have become a truly inspiring leader for HOPE Cape Town and a source of wisdom for me personally. Thank you!

Dr. Susanne Reuther
HOPE Cape Town Management Committee Member



The HOPE Cape Town Team at the Ball of HOPE 2009

Our sponsors and partners (in alphabetical order):

Local

All Saints Church Durbanville
ASPEN Pharmacare
Austrian Consulate General Cape Town
Blaauwklippen Wine Estate
Canadian Consulate General Cape Town
Cape Town Interfaith Initiative
Cape Town Opera
Catholic Care Milnerton and Brooklyn
Clearlink Software
Copy Wizardz Gardens
Country Highlands Guesthouse
Curves Seapoint
Czech Consulate General Cape Town
Dinkel Bakery
Fairbridges Attorneys
German Consulate General Cape Town
German-speaking Catholic Community
Golden Crust Bakery
KID CRU
Kyocera MITA
Mediterranean Villa Guesthouse
Melco Elevators
MP Tax Consultants
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Provincial Government of the Western Cape –
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Paulaner Bräuhaus
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& Industry
Southern Sun Cape Sun Hotel Cape Town
Spirit of Africa
Swiss Consulate General Cape Town
Telkom Centre for Learning
Tygerberg Academic Teaching Hospital
University of Stellenbosch
U.R. US
Virtual Print
Volkswagen Commercial Vehicles
Westin Grand Hotel



Dr. Eberhard Kohlberg and his team unloading donated beds at Tygerberg Hospital

International

Absatzzentrale Krefeld GmbH
ACE Entertainment GmbH
Be Your Own Hero e.V.
Bild hilft e.V.
CIDA (Canadian International Development Agency)
Cubig München
CyTecs GmbH
DED – German Development Service
"Die Sternstunde", BR Fernsehen
Dompfarrkindergarten St. Michael, Bamberg
Dr. Alfred Biolek Stiftung
DSW (German Foundation for World Population)
Eurobiker
Frucht Import und Logistik "SB" GmbH
German AIDS Foundation
Hope & Future e.V.
Katholisches Auslandssekretariat
Katholische Gemeinde St. Michael Friedrichsthal
KFD Liebfrauen, Neuwied
MAC AIDS Fund
Management Circle AG
Process Consulting
Round Table Germany
Saxonia Systems
Stiftung MARO
Team Joachim Franz
Victorianer helfen e.V.
Wiesel Transporte



Cheque handover with Joachim Franz and Rev. Fr. Stefan Hippler

Last but most definitely not least we wish to give a big THANK YOU to the following individuals and to all of those not named below:

Alexander Kaufmann
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Sigrid Bauschert
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Simon Berndmeyer
Stefanie Molter

Tenor Wolfgang Graf
Theo Stapf & Ilke Möller
Thomas Haas
Tork Liebezeit
Uwe & Marie Mergener
Viola & Hermjo Klein
Verena Münsberg
Veronica Ferres
Volker Mertens
Wolfgang Vogel

Due to space restrictions, it is unfortunately not possible to list the names of all sponsors and donors in the Annual Report. Please forgive us, should your name not be mentioned above. A complete list with all donor names will be published on our website

www.hopecapetown.com

in the beginning of 2010. We are grateful to all our donors and sponsors and we can assure you that every little cent donated has made a big difference. THANK YOU!

The HOPE Cape Town Trust

Report of the Chairperson

(Rev. Fr. Stefan Hippler)

The Purpose of the Trust

Even though 2009 has been a turbulent year with many challenges, we have pride and confidence in HOPE Cape Town as the organisation continues to consolidate the rapid growth in recent years and to develop new paths in education and training. Our task as the HOPE Cape Town Trust is to secure the future of HOPE Cape Town Association and to guide the development of sustainable activities while, at the same time, honouring our original vision and our grassroots proximity to the reality of HIV and AIDS in South Africa. This third report of the HOPE Cape Town Trust is a welcome time to review the accomplishments of the past year and to realise anew the focus and faith of HOPE Cape Town: people - the people within HOPE Cape Town, the people in the communities we work in, the partners, the sponsors and the volunteers, who all constitute the HOPE Community.

The HOPE Cape Town Trust was launched in Cape Town, South Africa in May 2006 at our annual fundraising event, the Ball of HOPE. After many years of successful public and private partnership with a diversity of stakeholders including committed government entities, organisations, businesses and individuals in South Africa and Germany, the bold decision to form a Trust to ensure the sustainability of the HOPE Cape Town Association was taken. This step is evidence of a shared commitment to the future of HOPE Cape Town predicated on our strong belief in the fundamentals of the organisation and the resolve to support this undertaking by the volunteer Management Committee members of HOPE Cape Town Association, all staff and, of course, our Trustees.



The goal of the Trust is to ensure the future of HOPE Cape Town Association and thus the continued delivery of effective services and programmes in the years to come. HOPE Cape Town has grown from the very first contact with Tygerberg Hospital and the placement of the first HOPE Community Health Worker (HCHW) in Mfuleni at a time when Sister Pauline Jooste, our Training and Compliance Officer, was the Clinic Facility Manager. Today we have a complement of twenty-three community employees. Their welcome reception in seventeen townships and on the Ithemba Ward of Tygerberg Hospital is a testament to the success of this model.

Throughout this time, HOPE Cape Town has continued to uphold and to share our vision:

People affected and infected by HIV

- are free from:
discrimination irrespective of work, religion or social community;
- have the right to:
know their status, access treatment, gain and use knowledge, enjoy privacy and confidentiality;

and

- have the duty to:
be active in their care and to prevent further infections.

These principals continue to guide our HIV and AIDS education and outreach programmes. In addressing the HIV, AIDS and TB reality in the Western Cape Province, we know that complacency is a challenge. For this reason, HOPE Cape Town continues to implement a dual approach with successful grassroots programmes complimented by engagement with decision-makers at the policy level.

New Sustainable Directions for HOPE Cape Town

Based on our solid position in the Western Cape Province, the internal emphasis on in-house training programmes for the HOPE Community Health Workers has lead to the recognition that HOPE Cape Town has the potential to make a contribution in other complimentary spheres. Through the support of the members of the Trust, additional training avenues are being added concurrently to the scope of HOPE Cape Town.

Our relationship with the Faculty of Health Sciences of the University of Stellenbosch has developed into a working partnership. HOPE Cape Town has joined with the Tygerberg Hospital research unit KID-CRU to offer community based Student Electives for academic credit, which has been running very successful since the beginning of 2008. The advantage to the University is the success of HOPE Cape Town as a creative, responsive and well-organised grassroots organisation and the potential for medical students to learn, first-hand, about primary health care and the HIV and AIDS reality. This exposure in the community and out-patient HIV care in the hospital will be balanced by the KID CRU focus on the management, administration and finances of a major research unit. In 2009, a total of twelve medical students from Germany, Sweden, Belgium, The Netherlands, the United Kingdom and the United States have taken the HOPE – KID CRU Elective. So far, eight students from various countries have already secured their placements for 2010.

Initiatives like this set HOPE Cape Town on the route to sustainability while capitalising on our strengths in education and training. In the meantime, we have not lost sight of the paucity of education in the community. Indeed, we have noted an increase in the need for systematic education in the school system and for focused outreach in the community. We encourage our HOPE Community Health Workers to develop innovative outreach programmes for children, youth and adults.



The Chairpersons of HOPE Cape Town:
Rev. Fr. Stefan Hippler (HOPE Cape Town Trust)
with Dr. Monika Esser (HOPE Cape Town Association)

With the combination of focused fundraising for the trust and the new directions in training, academic electives and outreach, HOPE Cape Town is positioned to remain a well-respected non-profit organisation in the Western Cape Province.

Fundraising

(Michaela Soule)



I have with great excitement started as part-fundraiser for the HOPE Cape Town Trust in February 2009, knowing that the position posed a great challenge with even greater demands in our recent times and developments.

I have lived in SA and Namibia for over 16 years now and got to know Rev. Fr. Hippler and HOPE Cape Town almost 5 years ago when I was working at the Arabella Hotel. I always wanted to get involved in this very much needed project, as it is my heartfelt concern to contribute towards the needs of patients infected with and affected by the HI virus, especially children.

A very important aspect of the fundraising work for the HOPE Cape Town Trust has been to raise more awareness within the Western Cape. With that in mind, I have been approaching South African Companies since February 2009 to contribute and to get involved into the fight against HIV and AIDS at their own doorstep.

2009 has been a very difficult year for many companies worldwide and also here in South Africa. My dealings with around 200 companies in the Western Cape, to whom I introduced HOPE Cape Town, showed me that there is great interest for this project, but often these companies are involved already in other charities and cannot take on any additional projects at the moment (but that can change!). Most of them asked to keep them informed about HOPE Cape Town though, and indicated that they might want to get involved at a later stage. Furthermore, many companies' budgets got cut drastically as a result of the worldwide financial recession as from April/May 2009. Only in the last two months an increase in budget and in spending has been seen again.

Throughout all of this, I have been able to establish Check-Out for HOPE at the Cape Diamond Hotel in Cape Town. Asara Wine Estate & Hotel are displaying the current brochures and postcards in their 36 suites and at reception. The Lagoon Beach Hotel in Milnerton wants to incorporate Check-Out for HOPE beginning of next year (2010) in their 200 bedroom Hotel at Milnerton Beach. The Steenberg Hotel is also willing to put the HOPE Cape Town brochures and postcards in their rooms and at reception.

HOPE Cape Town has been introduced through me to approximately 200 companies within the Western Cape and some Head Offices in Johannesburg. I am very positive that the situation and the openness towards new charity projects for companies will get better in 2010 and I am very much looking forward to continue with creating awareness and raising funds for the HOPE Cape Town Trust.

The Trust Team

A Trust is also about people – HOPE Cape Town included. The HOPE Cape Town Trust brings together individuals from diverse backgrounds to provide guidance for the organisation. We are honoured to gather wide ranging expertise and to benefit from specialised knowledge. The focus of the Trustees on the long-term vision and stability of HOPE Cape Town is important for achieving our objectives and enabling us to continue to evolve in response to the HIV and AIDS situation and the national ARV rollout in South Africa. We are proud to present the following list of our dedicated trustees:

HOPE Cape Town Board of Trustees

Rev Fr Stefan Hippler, Chairperson of the Board of Trustees
Mr Dibhesi Sam Tuntubele, Deputy Chairperson of the Board of Trustees
Dr Carl-Heinz Duisberg, Deputy Chairperson of the Board of Trustees
Mrs Carole Armstrong-Hooper, Secretary of the Board of Trustees
Dr Monika Esser (*Chairperson of HOPE Cape Town Association*)
Dr Susanne Reuther
Mrs Pat Gorvalla
Prof Brian O'Connell
Mrs Evelyn Chimombe-Munyoro
Mr Bob Groeneveld

A Board of Trustee Meeting was held on 23 January 2009. The financial report of the Trust was discussed and accepted by the Trustees.

HOPE Cape Town Trust Advisory Board

Within the Trust we make a place for exceptional individuals who have made outstanding contributions to HOPE Cape Town. In 2007, we were honoured to recognise and appoint Viola Klein from Saxonia Systems in Dresden, Germany for her long-standing and continued close association. As a friend and as an advisor, Viola Klein is a source of business expertise and an innovative supporter. For the fourth year in a row, Viola Klein organised the very successful Dresden Gala, a highlight for concert enthusiasts. Again this year, the event raised over € 80,000 in a single, magical evening.

In 2008, Hardy Fiebig, former athlete and now CEO of Church Concepts CC, joined the HOPE Cape Town Trust team as special advisor. We are very pleased to have Hardy Fiebig on board and highly appreciate his valuable input so far.

Balancing the Trust and the Association

A successful Trust needs to be in touch with the organisation it supports. HOPE Cape Town is fortunate to have a corps of dedicated individuals willing to be Trustees and to be active members of the Management Committee at the same time. We benefit from long-term vision on the one hand and solid knowledge of the daily challenges and mid-term objectives on the other. Our founders, Rev Fr Stefan Hippler, Chairperson of the Board of Trustees and Dr Monika Esser, Chairperson of HOPE Cape Town Association are joined by Dr Susanne Reuther as the original strength behind (and frequently in front!) of HOPE Cape Town. Their inspiration lead the way to HOPE Cape Town as it is today.

Together with Dr Carl-Heinz Duisberg, Deputy Chairperson of the Board of Trustees, Rev. Fr. Hippler, and Drs Esser and Reuther, attend the monthly HOPE Management Committee meetings. Dr Duisberg brings a solid understanding of management issues. We value his sage advice, independent perspective and long experience working in South Africa and Germany. In this way, HOPE Cape Town manages to merge a deep understanding of the day-to-day Management issues of the Association with the longer-term vision of the Trust.

Current Direction of the Trust & HOPE Kapstadt Stiftung

HOPE Cape Town has a unique position as a local non-profit organisation located in the Western Cape Province of South Africa with significant recognition and support in local centres and from Germany. The Trust is proud of this strong bilateral focus and believes the organisation benefits from a greater international perspective yet remains entirely dedicated to the issues of HIV and AIDS at the community level in seventeen different townships located within and nearby Cape Town as well as a programme on the Ithemba Ward of the Tygerberg Hospital. The Trust is focused on furthering this dual involvement and coordination of effort in South Africa and Germany.

In South Africa, the focus is to continue to raise local awareness of HOPE Cape Town and increase local fundraising. Specifically, the organisation has again been approved by the National Evaluation Rating Agency for Corporate Social Investment (CSI) Beneficiary Status in 2009. HOPE Cape Town has already been successful in attracting CSI donations through connections made at a fundraising event organised by the Milnerton Parish, a long-time HOPE Cape Town supporter and sponsor of the first HOPE Community Health Worker. In South Africa, connections are all-important and fostering these links is a focus of the Trust.

After three years of initiating, structuring and establishing the HOPE Cape Town Trust, the foundations for financial build-up and consolidation are now laid. In this light, we would like to thank Process Consulting for their support during the year.

In Germany, a parallel trust has been established through the German AIDS Foundation in October 2007: the HOPE Kapstadt Stiftung. The Administrative Board of the HOPE Kapstadt Stiftung consists of:

- Dr. Ulrich Heide, Executive Chair of the German AIDS Foundation
- Rev. Fr. Stefan Hippler, Chairperson HOPE Cape Town Trust
- Dr. Susanne Reuther, Management Committee Member HOPE Cape Town Association
- Dr. Christoph Uleer, Chairperson of the German AIDS Foundation

The German AIDS Foundation has had a long association with HOPE Cape Town providing direct funding for positions (the Project Supervisor and the Compliance and Training Officer), the Sangoma Pilot Project as well as funding for innovative grassroots projects at the community level. This latter source makes possible small projects, for example, equipping a clinic soup kitchen with a stove or developing a garden project for HIV positive males to establishing a community drop-in area in Paarl for men, women and children. Through the HOPE Kapstadt Stiftung it will be possible to support the programmes and activities of HOPE Cape Town Association on a more sustainable and effective basis.

Annex

Annual Financial Statements

**HOPE HIV Outreach Program
(Registration Number PBO 18/11/134709, 031-559-NPO)**

**Financial Statements
for the year ended 28 February 2009**

HOPE HIV Outreach Program

(Registration Number PBO 18/11/134709, 031-559-NPO)

Financial Statements for the year ended 28 February 2009

General Information

| | |
|--|--|
| Country of incorporation and domicile | South Africa |
| Committee members | Dr M Esser (Chairperson) Prof M Cotton Dr C Duisberg Rev S Hippler Prof W Preiser Dr S Reuther Prof B Rosenkranz |
| Postal address | PO Box 19145 TYGERBERG 7505 |
| Auditors | Rademeyer Wesson Chartered Accountants (S.A.) Registered Auditors |
| Organisation registration number | PBO 18/11/134709, 031-559-NPO |

The reports and statements set out below comprise the financial statements presented to the committee:

| Index | Page |
|--|-------------|
| Independent Auditor's Report | III |
| Committee Members' Responsibilities and Approval | V |
| Balance Sheet | VI |
| Income Statement | VII |
| Statement of Changes in Equity | VIII |
| Cash Flow Statement | IX |
| Accounting Policies | X |
| Notes to the Financial Statements | XI |



RADMEYER WESSON

Geakkrediteerde Rekenmeesters (SA) / Chartered Accountants (SA)

Independent Auditor's Report

To the Committee of Hope HIV Outreach Program

We have audited the financial statements of Hope HIV Outreach Program, which comprise the balance sheet as at 28 February 2009, and the income statement, statement of changes in equity and cash flow statement for the year then ended, and a summary of significant accounting policies and other explanatory notes, as set out on pages 6 to 13.

Committee's Responsibility for the Financial Statements

The association's committee members are responsible for the preparation and fair presentation of these financial statements in accordance with Generally Accepted Accounting Practice. This responsibility includes: designing, implementing and maintaining internal control relevant to the preparation and fair presentation of financial statements that are free from material misstatement, whether due to fraud or error; selecting and applying appropriate accounting policies; and making accounting estimates that are reasonable in the circumstances.

Auditor's Responsibility

Our responsibility is to express an opinion on these financial statements based on our audit. We conducted our audit in accordance with International Standards on Auditing. Those standards require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance whether the financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditors' judgement, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the financial statements in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the committee members, as well as evaluating the overall presentation of the financial statements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our qualified audit opinion.

Basis for Qualified Opinion

In common with similar organizations, it is not feasible for Hope HIV Outreach Program to institute accounting controls over cash collections from donations and fund-raising prior to initial entry of the collections in the accounting records. Accordingly it is impracticable for us to extend our examination beyond receipts actually recorded.

Qualified Opinion

In our opinion, except for the possible effects of the matter described in the Basis for Qualified Opinion paragraph, the financial statements present fairly, in all material respects, the financial position of Hope HIV Outreach Program as at 28 February 2009, and its financial performance and cash flows for the year then ended in accordance with Generally Accepted Accounting Practice.

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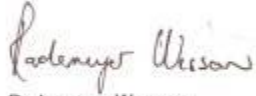
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VENNOTE - PARTNERS : DIRK WESSON BETJEF BAREMEYER MARIUS STRYDOM JAN ROTZEL

BESTUURDERS - MANAGERS : CHARL FOURIE / MARISSA OOSTHOEVEN / MIRETTE LOON / MORTY SAHD LOBBIT - KOOFTI ZUBIA SERIENS (ADMIN) ANNALEZE SMIT (REKENING) - TONY

Supplementary Information

We draw your attention to the fact that the supplementary information set out on page 14 does not form part of the financial statements and is presented as additional information. We have not audited this information and accordingly do not express an opinion thereon.



Rademeyer Wesson
Chartered Accountants (S.A)
Registered Auditors
Per: MJ Strydom
29 September 2009

TYGER VALLEY

Hope HIV Outreach Program

(Registration number PBO 18/11/13/4709.031-559-NPO)
Financial Statements for the year ended 28 February 2009

Committee Members' Responsibilities and Approval

The committee is required to maintain adequate accounting records and are responsible for the content and integrity of the financial statements and related financial information included in this report. It is their responsibility to ensure that the financial statements fairly present the state of affairs of the entity as at the end of the financial year and the results of its operations and cash flows for the period then ended, in conformity with Generally Accepted Accounting Practice. The external auditors are engaged to express an independent opinion on the financial statements.

The financial statements are prepared in accordance with Generally Accepted Accounting Practice and are based upon appropriate accounting policies consistently applied and supported by reasonable and prudent judgements and estimates.

Responsibility for the initial preparations has been delegated to the accounting officer of Hope HIV Outreach Program. In order to fulfil this responsibility, Hope HIV Outreach Program maintains an administrative control system designed to provide reasonable assurance that the assets are safeguarded and the transactions are executed in accordance with Hope HIV Outreach Programs policies and procedures which are conformity with generally accepted business practice and procedures.

The external auditors are responsible for independently reviewing and reporting on the committee's financial statements. The financial statements have been examined by the organization's external auditors and their report is presented on pages 3 to 4.

The financial statements set out on pages 6 to 13, which have been prepared on the going concern basis, were approved by the committee on 29 September 2009 and were signed on its behalf by:



Dr M Esser (Chairperson)



Rev S Hippler

Hope HIV Outreach Program

(Registration number PBO 18/11/13/4709.031-559-NPO)
 Financial Statements for the year ended 28 February 2009

Balance Sheet

| | Note(s) | 2009 R | 2008 R |
|-------------------------------------|---------|-------------------|-------------------|
| Assets | | | |
| Non-Current Assets | | | |
| Property, plant and equipment | 2 | 45,937 | 76,835 |
| Other financial assets | 3 | 61,683 | 61,683 |
| | | <u>107,620</u> | <u>138,518</u> |
| Current Assets | | | |
| Trade and other receivables | 4 | 21,850 | 30,350 |
| Cash and cash equivalents | 5 | 16,101,583 | 9,894,239 |
| | | <u>16,123,433</u> | <u>9,924,589</u> |
| Total Assets | | <u>16,231,053</u> | <u>10,063,107</u> |
| Equity and Liabilities | | | |
| Equity | | | |
| Reserves | | 6,990,507 | 1,692,743 |
| Retained income | | 9,228,374 | 8,360,799 |
| | | <u>16,218,881</u> | <u>10,053,542</u> |
| Liabilities | | | |
| Current Liabilities | | | |
| Trade and other payables | 6 | 12,172 | 9,565 |
| Total Equity and Liabilities | | <u>16,231,053</u> | <u>10,063,107</u> |

Hope HIV Outreach Program

(Registration number PBO 18/11/13/4709,031-559-NPO)
 Financial Statements for the year ended 28 February 2009

Income Statement

| | Note(s) | 2009 R | 2008 R |
|----------------------------|---------|------------------|------------------|
| Revenue | 7 | 8,834,480 | 4,342,461 |
| Other income | | - | 1,080 |
| Operating expenses | | (2,066,489) | (1,760,234) |
| Operating profit | 8 | 4,767,991 | 2,583,307 |
| Investment revenue | 9 | 1,397,348 | 836,172 |
| Profit for the year | | 6,165,339 | 3,419,479 |

Hope HIV Outreach Program

(Registration number PBO 18/11/13/4709/031-559-NPO)
 Financial Statements for the year ended 28 February 2009

Statement of Changes in Equity

| | Share capital | Donations for future expenses | Retained income | Total equity |
|---------------------------------------|---------------|-------------------------------|------------------|-------------------|
| | R | R | R | R |
| Balance at 01 March 2007 | - | 2,356,162 | 4,941,320 | 7,297,482 |
| Changes in equity | | | | |
| Profit for the year | - | - | 3,419,479 | 3,419,479 |
| Donations for future expense | - | (2,356,162) | - | (2,356,162) |
| Expenses incurred regarding donations | - | 1,692,743 | - | 1,692,743 |
| Total changes | - | (663,419) | 3,419,479 | 2,756,060 |
| Balance at 01 March 2008 | - | 1,692,743 | 8,360,799 | 10,053,542 |
| Changes in equity | | | | |
| Profit for the year | - | - | 6,165,339 | 6,165,339 |
| Donations used | - | 6,834,480 | (6,834,480) | - |
| Donations received | - | (1,536,716) | 1,536,716 | - |
| Total changes | - | 5,297,764 | 867,575 | 6,165,339 |
| Balance at 28 February 2009 | - | 6,990,507 | 9,228,374 | 16,218,881 |

Note(s)

Hope HIV Outreach Program

(Registration number PBO 18/11/13/4709,031-559-NPO)
 Financial Statements for the year ended 28 February 2009

Cash Flow Statement

| | Note(s) | 2009 R | 2008 R |
|---|---------|-------------------|------------------|
| Cash flows from operating activities | | | |
| Cash generated from operations | 11 | 4,816,263 | 2,588,762 |
| Interest income | | 1,397,348 | 836,172 |
| Net cash from operating activities | | 6,213,611 | 3,424,934 |
| Cash flows from investing activities | | | |
| Purchase of property, plant and equipment | 2 | (6,267) | (68,236) |
| Loans to group companies repaid | | - | 151,791 |
| Other non-cash item | | - | (663,418) |
| Net cash from investing activities | | (6,267) | (579,863) |
| Total cash movement for the year | | 6,207,344 | 2,845,071 |
| Cash at the beginning of the year | | 9,894,239 | 7,049,168 |
| Total cash at end of the year | 5 | 16,101,583 | 9,894,239 |

Hope HIV Outreach Program

(Registration number PBO 18/11/13/4709,031-559-NPO)
Financial Statements for the year ended 28 February 2009

Accounting Policies

1. Presentation of Financial Statements

The financial statements have been prepared in accordance with Generally Accepted Accounting Practice. The financial statements have been prepared on the historical cost basis, and incorporate the principal accounting policies set out below.

These accounting policies are consistent with the previous period.

1.1 Property, plant and equipment

The cost of an item of property, plant and equipment is recognised as an asset when:

- it is probable that future economic benefits associated with the item will flow to the company; and
- the cost of the item can be measured reliably.

Costs include costs incurred initially to acquire or construct an item of property, plant and equipment and costs incurred subsequently to add to, replace part of, or service it. If a replacement cost is recognised in the carrying amount of an item of property, plant and equipment, the carrying amount of the replaced part is derecognised.

Property, plant and equipment is carried at cost less accumulated depreciation and any impairment losses.

| Item | Average useful life |
|-------------------------------------|---------------------|
| Furniture and fixtures | 6 years |
| Motor vehicles | 5 years |
| Office equipment | 6 years |
| Computer equipment | 3 years |
| Other property, plant and equipment | 5 years |

The residual value, the depreciation method and the useful life of each asset are reviewed at each financial period-end.

1.2 Revenue

Revenue from donations received is recognised when all the following conditions have been satisfied:

- the donor has transferred to the organisation the significant risks and rewards of ownership of the goods;
- the donor retains neither continuing managerial involvement to the degree usually associated with ownership nor effective control over the donation;
- the amount of revenue can be measured reliably;
- it is probable that the economic benefits associated with the transaction will flow to the organisation; and
- the costs incurred or to be incurred in respect of the transaction can be measured reliably.

Hope HIV Outreach Program

(Registration number PBO 18/11/13/4709,031-559-NPO)
Financial Statements for the year ended 28 February 2009

Notes to the Financial Statements

| | 2009 R | 2008 R |
|--|-----------|-----------|
|--|-----------|-----------|

2. Property, plant and equipment

| | 2009 | | | 2008 | | |
|--|---------------------|-----------------------------|-------------------|---------------------|-----------------------------|-------------------|
| | Cost / Valuation | Accumulated depreciation | Carrying value | Cost / Valuation | Accumulated depreciation | Carrying value |
| Furniture and fixtures | 61,201 | (58,503) | 2,698 | 61,201 | (52,786) | 8,415 |
| Motor vehicles | 175,366 | (175,365) | 1 | 175,366 | (175,365) | 1 |
| Office equipment | 50,589 | (25,459) | 25,130 | 46,366 | (5,784) | 40,582 |
| Computer equipment | 68,657 | (54,038) | 14,619 | 66,612 | (43,500) | 23,112 |
| Other property, plant and equipment | 6,185 | (2,696) | 3,489 | 6,185 | (1,460) | 4,725 |
| Total | 361,998 | (316,061) | 45,937 | 355,730 | (278,895) | 76,835 |

Reconciliation of property, plant and equipment - 2009

| | Opening Balance | Additions | Depreciation | Total |
|-------------------------------------|--------------------|--------------|-----------------|---------------|
| Furniture and fixtures | 8,415 | - | (5,717) | 2,698 |
| Motor vehicles | 1 | - | - | 1 |
| Office equipment | 40,582 | 4,222 | (19,674) | 25,130 |
| Computer equipment | 23,112 | 2,045 | (10,538) | 14,619 |
| Other property, plant and equipment | 4,725 | - | (1,236) | 3,489 |
| | 76,835 | 6,267 | (37,165) | 45,937 |

Reconciliation of property, plant and equipment - 2008

| | Opening Balance | Additions | Depreciation | Total |
|-------------------------------------|--------------------|---------------|-----------------|---------------|
| Furniture and fixtures | 9,018 | 5,241 | (5,844) | 8,415 |
| Motor vehicles | 33,474 | - | (33,473) | 1 |
| Office equipment | 5,109 | 39,723 | (4,250) | 40,582 |
| IT equipment | 5,018 | 23,272 | (5,178) | 23,112 |
| Other property, plant and equipment | 5,756 | - | (1,031) | 4,725 |
| | 58,375 | 68,236 | (49,776) | 76,835 |

3. Other financial assets

Loans and receivables

| | | |
|----------------------|--------|--------|
| Hope Cape Town Trust | 61,683 | 61,683 |
|----------------------|--------|--------|

This loan is interest free and has no repayment agreement.

Non-current assets

| | | |
|-----------------------|--------|--------|
| Loans and receivables | 61,683 | 61,683 |
|-----------------------|--------|--------|

Hope HIV Outreach Program

(Registration number PBO 18/11/13/4709,031-559-NPO)
 Financial Statements for the year ended 28 February 2009

Notes to the Financial Statements

| | 2009 R | 2008 R |
|---|-------------------|------------------|
| 4. Trade and other receivables | | |
| Trade receivables | 21,850 | 30,350 |
| 5. Cash and cash equivalents | | |
| Cash and cash equivalents consist of: | | |
| Cash on hand | 6,831 | 3,379 |
| Bank balances | 540,534 | 468,102 |
| Money Market | 15,554,218 | 9,422,758 |
| | <u>16,101,583</u> | <u>9,894,239</u> |
| 6. Trade and other payables | | |
| Other payables | 12,172 | 9,565 |
| 7. Revenue | | |
| Donations | 6,834,480 | 4,342,461 |
| 8. Operating profit | | |
| Operating profit for the year is stated after accounting for the following: | | |
| Operating lease charges | | |
| Equipment | | |
| • Contractual amounts | - | 2,052 |
| Depreciation on property, plant and equipment | 37,167 | 49,774 |
| Employee costs | 1,298,802 | 1,184,761 |
| Research and development | - | 50,000 |
| 9. Investment revenue | | |
| Interest revenue | | |
| Bank | 1,397,348 | 836,172 |

10. Taxation

The association has been approved as public benefit organisation in terms of Sec. 30. Therefore all receipts and accruals are exempt from the income tax in terms of Sec. 10 (1) (cN) of the act.

Hope HIV Outreach Program

(Registration number PBO 18/11/13/4709.031-559-NPO)
 Financial Statements for the year ended 28 February 2009

Notes to the Financial Statements

| | 2009 R | 2008 R |
|---|------------------|------------------|
| 11. Cash generated from operations | | |
| Profit before taxation | 6,165,339 | 3,419,479 |
| Adjustments for: | | |
| Depreciation and amortisation | 37,167 | 49,774 |
| Interest received | (1,397,348) | (836,172) |
| Changes in working capital: | | |
| Trade and other receivables | 8,500 | (21,850) |
| Trade and other payables | 2,605 | (22,469) |
| | <u>4,816,263</u> | <u>2,588,762</u> |

Annex

Annual Financial Statements HOPE Cape Town Trust

HOPE CAPE TOWN TRUST

Trust No. – T1797/06

**FINANCIAL STATEMENTS
28 February 2009**

TRUSTEES

S Hippler
S Tuntubele
CH Duisberg
M Esser
S Reuther
P Govalla
EC Munyoro
B Groeneveld
B O'Connell

BENEFICIARY

Hope HIV Outreach Program

ACCOUNTANT

Rademeyer Wesson
Posbus 5700
TYGERVALLEI
7536

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S Hippler
TRUSTEE



RADMEYER WESSON

Bekeitsrekenmeesters (SA) - Chartered Accountants (SA)

29 September 2009

COMPILATION REPORT

To the Trustees of

HOPE CAPE TOWN TRUST – T1797/2006

On the basis of information provided by the trustees we have compiled, in accordance with the statement of South African Auditing Standards applicable to compilation engagements, the balance sheet of the Hope Cape Town Trust at 28 February 2009, and the related income statement for the year then ended, as set out on pages 3 to 5. The trustees are responsible for these financial statements.

We have not audited or reviewed these financial statements and accordingly express no assurance thereon.

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VENNOTS - PARTNERS : DERICK WISSON BETTIE RADMEYER MARIUS STREYDOM JAN KOTZE
BESTOBBERS - MANAGERS : CHARL FOUCHÉ / MARISA DOSTHUIZEN / WINETTE LOUW / NORTY SAND LODDIT AUDIT : EREKA SCHLOM (EDWIN) ANNALEZZE SMIT (BELASTING - TAX)

HOPE CAPE TOWN TRUST

BALANCE SHEET AT 28 FEBRUARY 2009

| | <u>Notes</u> | <u>2009</u> R | <u>2008</u> R |
|-------------------------------------|--------------|------------------|------------------|
| ASSETS | | | |
| Non-current assets | | | |
| Founding Cost | | 100 | 100 |
| | | 100 | 100 |
| Current assets | | | |
| Cash and cash equivalents | 2 | 55 221 | 60 951 |
| Total assets | | 55 321 | 61 051 |
| EQUITY AND LIABILITIES | | | |
| Equity | | | |
| Accumulated deficit | | (6 363) | (633) |
| Non Current Liabilities | | | |
| Loans | | 61 684 | 61 684 |
| | | 61 679 | 61 684 |
| Total Liabilities | | 55 321 | 61 051 |
| Total equity and liabilities | | | |

HOPE CAPE TOWN TRUST

INCOME STATEMENT FOR THE YEAR ENDED 28 FEBRUARY 2009

| | <u>Notes</u> | <u>2009</u> R | <u>2008</u> R |
|--------------------------------|--------------|------------------|------------------|
| INCOME | | | |
| Donations | | - | - |
| EXPENDITURE | | | |
| Bank charges | | (730) | (732) |
| Conference Costs | | (5 000) | |
| (Deficit) surplus for the year | | <u>(5 730)</u> | <u>(732)</u> |

HOPE CAPE TOWN TRUST

NOTES TO THE ANNUAL FINANCIAL STATEMENTS AT 28 FEBRUARY 2009

| | <u>2009</u> | <u>2008</u> |
|---|--|-------------|
| | R | R |
| 1. ACCOUNTING POLICY | | |
| <p>The financial statements are prepared on the historical cost basis, and incorporate the following accounting policies which has been applied on a basis consistent with that of the previous year:</p> | | |
| 1.1 TAX | | |
| <p>Current tax assets and liabilities</p> | | |
| 1.2 | <p>Current tax for current and prior periods is, to the extent unpaid, recognized as a liability. If the amount already in respect of the current and prior periods exceeds the amount for those periods, the excess is recognized as an asset.</p> | |
| | <p>Current tax liabilities (assets) for the current and prior periods are measured at the amount expected to be paid to (recovered from) the tax authorities, using the tax rates (and the tax laws) that have been enacted or substantively enacted by the balances sheet date.</p> | |
| 2. CASH AND CASH EQUIVALENTS | | |
| <p>Cash and cash equivalents consist of:</p> | | |
| | 55 221 | 60 951 |
| 3. Taxation | | |
| <p>No provision has been made for 2008 as the trust has no taxable income.</p> | | |