

Yasmin Buettgen (1), Monika Esser(1)(2)

(1) HOPE Cape Town Association

(2) NHLS Tygerberg & Stellenbosch University

Non Profit Organisation No 031-599NPO  
Public Benefit Organisation No 18/11/13/4709



### Introducing HOPE Cape Town Association

HOPE Cape Town Association, founded in 2001, is a Non-Profit Organisation based at the Tygerberg Academic Health Complex in Cape Town, South Africa. HOPE Cape Town is co-located and associated with the Ithemba (Hope) Infectious Paediatric Ward G7 at **Tygerberg Children's Hospital** and linked to the **Faculty of Health Sciences at the University of Stellenbosch** through a Memorandum of Understanding.

The organisation's purpose is to directly address the HIV and AIDS pandemic by promoting interdisciplinary cooperation and integration between the three **core functions** of Stellenbosch University: **service, teaching and research**. By working between the Faculty, TAHC (G7 and ID clinics), KID-CRU and 16 community clinics, we are reaching out to a maximum number of patients, their families, caregivers and students under resource-restrained circumstances.

### HOPE Cape Town - Service

Since 2001, HOPE Cape Town facilitates and assists with the care of HIV-infected children and adolescents on the **Ithemba Paediatric Ward for Infectious Diseases** as well as with the material and educational support of the patients and their caretakers.

Since 2002, HOPE Cape Town Association also trains and places a network of 21 **community health workers** in 16 selected township clinics to provide current HIV, AIDS and TB knowledge, counseling and support for clients and assists with treatment regime adherence and home visits at the primary health care level. In this way, HOPE Cape Town contributes towards building a stronger support structure for the health care needs of the poor and marginalized.



### HOPE Cape Town – Teaching & Outreach

HOPE Cape Town strongly focuses on training and teaching in its various programmes. **Community health workers** are trained in HIV & AIDS Care and Counseling as well as in other related health matters such as TB and basic medical knowledge.

Since 2008, the association runs an **Elective Student Programme** in cooperation with KID-CRU. We also provide hands-on training to selected **volunteers** and are part of the Weltwaerts Volunteer Programme initiated by the German Federal Ministry of Development.

In addition, HOPE Cape Town offers short-term **HIV and AIDS awareness training** to local organizations and companies, as well as to schools, and regularly gives talks to local and international students, doctors and researchers.

A new project in cooperation with InWent Capacity Building International and SUN will focus on the development of **E-Learning** modules.

### HOPE Cape Town – Research

Since 2003, HOPE Cape Town runs a successful project involving **traditional healers or Sangomas** in VCT processes, thereby aiming to bridge cultural gaps. The project evaluation is part of collaborative research with UCT. Future cooperation with NICUS and the Department of Pharmacology is currently in the planning stage.

By keeping internal structures **flexible** and by operating within the existing health structures, the association is able to implement **innovations** and address changing needs quickly.

Ongoing **monitoring and evaluation** procedures are in place to ensure accountability and quality project implementation.

Patient confidentiality and privacy in accordance with hospital and SU **ethical guidelines** are maintained in the face of pressure from funders for visual documentation.

### Funding & Partnerships

HOPE Cape Town is privately funded and entirely dependent on **donations and sponsorships**. Our organisation does not rely on Government support. Strong, enduring **partnerships** are the mainstay of HOPE Cape Town operations. We are proud to partner with the Provincial Ministry of Health (Western Cape), the City of Cape Town, the German AIDS Foundation, Stellenbosch University (Faculty of Health Sciences), Tygerberg Academic Children's Hospital and KID-CRU, amongst others.

### Contact Details

**HOPE Cape Town Association & Trust**

P.O. Box 19145, Tygerberg 7505; South Africa

Tel. (+27) 21 938 6660; Fax (+27) 21 938 6662

Email: [admin@hopecapetown.com](mailto:admin@hopecapetown.com); [www.hopecapetown.com](http://www.hopecapetown.com)

